Christmas With A Capital C



编舞者: Wanda Heldt (AUS) - December 2017 音乐: Christmas With a Capital "C" - Go Fish



[When they sing the word Capital C. put arms out in a C.]

S1. RIGHT LOCK FORWARD, SHUFFLE FORWARD R.L.R, LEFT LOCK FORWARD, SHUFFLE FORWARD L.R.L.

1-2 Step to Right side to R. Diagonal [slight bend of knee] Step Left behind Right.

3&4 Shuffle forward R.L.R..

5-6 Step to Left to L. Diagonal, [slight bend of knee] Step Right behind Left.

7&8 Shuffle forward L.R.L.

S2. KICK BALL CROSS, KICK BALL CROSS, [Travel a little to Right] SIDE ROCK, RECOVER, RIGHT SAILOR

1&2 Kick Right forward, Right foot beside left, Step Left across Right.
3&4 Kick Right forward, Right foot beside Left, Step Left across Left.

5-6 Rock Right to Right, Recover on Left.

7&8 Sailor step R.L.R.

S3. ROCK, RECOVER, COASTER, 1/4 PIVOT LEFT, 1/4 PIVOT LEFT

1-2 Rock forward Left , Recover on Right.

3&4 Coaster step L.R.L

5-6 Step forward on Right, 1/4 turn Left.7-8 Step forward on Right, 1/4 turn Left.

S4. KICK, STEP OUT, OUT TO SIDE, 2 HEEL BOUNCES KICK, STEP OUT, OUT TO SIDE, 2 HEEL BOUNCES

1&2 Kick Right forward, Step Right out to Right side, Step Left out to Left side.

3-4 Bounce both heels twice - transfer weight onto Left on ct. 4]

5&6 Kick Right forward, Step Right out to Right side, Step Left out to Left side.

7-8 Bounce both heels twice - transfer weight onto Left on ct. 8]

Repeat.... HAVE FUN IN LIFE & IN DANCE

Email: silverstarwa@gmail.com 0403 536 163