

Get This Party Started

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ed Royko (USA) - December 2017
音乐: Get the Party Started - P!nk



FORWARD JUMPS with clap

&1-2 Jump forward on right, step left foot next to right, clap
&3-4 Jump forward on right, step left foot next to right, clap
&5-6 Jump forward on right, step left foot next to right, clap
&7-8 Jump forward on right, step left foot next to right, clap

DIAGONAL BACKWARDS with clap/SAILOR ¼ TURN

1-2 Step right foot diagonally back to the right, clap
3-4 Step left foot diagonally back to the left, clap
5-6 Step right foot diagonally back to the right, clap
7&8 Step left foot behind right, turn ¼ turn counterclockwise on right, step left foot next to right

BOX STEP

1-4 Step right foot to the right, step left foot next to right foot, step right foot forward, hold
5-8 Step left foot to the left, step right foot next to left foot, step left foot back, hold

ROCK, RECOVER, CROSS, HOLD

1-4 Step right foot to the right, step left foot next to right foot, cross right foot over left foot, hold
5-8 Step left foot to the left, step right foot next to left foot, cross left foot over right foot, hold

REPEAT

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