

# Cha Cha Rules

拍数: 48      墙数: 4      级数: Phrased Intermediate  
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音乐: New Rules - Dua Lipa



Inter: 16 Count - Sequence: A B B – A Tag B B – A B – A Tag – A B B – A Tag B B – A Tag

## A -32 Count

### Sec A1: Side, Together, Side, Time Step, Hip Sway×2, Coaster

1 2 3      Step LF to L, step RF beside LF, step LF to L  
4&5      Step RF beside LF, step LF in place, step RF to R  
6 7      Sway hips to left, right  
8&1      Step LF Back, close RF to LF, step LF Fwd

### Sec A2: Step, Recover, Back cha-cha, Step, Recover, Fwd

2 3      Step RF Fwd, recover LF  
4&5      Step RF Back, lock LF in front RF, step RF Back  
6 7 8      Step LF Back, recover RF, step LF Fwd

### Sec A3: 3/4 Spiral Turn, Botafogo×2, Step, Recover, Coaster

1      3/4 R spiral turn  
2&3      Cross RF over L, step LF to L side, recover RF  
4&5      Cross LF over R, step RF to R side, recover LF  
6 7      Step RF Fwd, recover LF  
8&1      Step RF Back, close LF to RF, step RF Fwd

### Sec A4: Step. 1/8 Paddle Turn (Shimmy)×2, Step, Recover, Cross, 1/4 Turn

2 3 4      Step LF Fwd, 1/8 L paddle turn (shimmy), 1/8 L paddle turn (shimmy)  
5 6      Step RF to R side, recover LF  
7&8      Cross RF behind LF, 1/4 turn L stepping LF Fwd, step RF Fwd

## B – 16 Count

### Sec B1: Step, Body Roll, Back, Hip Bump, Back, Hip Bump, step, Recover, 1/4 Turn

1 2&      Step LF Fwd, body roll (upper body), weight to RF  
3&4&      Step LF Back, hip bump R, step RF Back, hip bump L  
5 6      Step LF Back, recover RF  
7&8      1/4 turn R stepping LF side, recover RF, cross LF over R

### Sec B2: Volta×2, Side, Recover, Together, Side, Recover, Touch

&1 2      Step RF to R side, cross LF over R, hip roll circle  
&3 4      Step RF to R side, cross LF over R, hip roll circle  
5&6      Step RF to R side, recover LF, close RF beside LF  
7&8      Step LF to L side, recover RF, touch LF next to RF

## Tag – 4 Count

1 2      Step LF Fwd, 1/2 turn R with weigh on LF (bent knees in a sit position)  
3 4      Hold, step RF Fwd

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