

How Long EZ

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Muki Matohir Royal (INA) - December 2017
音乐: How Long - Charlie Puth



Intro: 16 : Count - Restart On 4 Wall After 16 Count

S.1: WALK – BOTA FOGO – FORWARD – IN PLACE

1 – 2 Step R Forward – Step L Forward
3&4 Cross R over L, Ball L to Side, Step R in Place
5&6 Cross L over R, Ball R to Side, Step L in Place
7-8 Step R Forward, Step L in Place

S.2: UNWIND TURN 1/2 RIGHT - KICK BALL CROSS – SIDE - TURN 1/4 LEFT - FORWARD

1-2 Step R Back, Turn 1/2 right Step L in Place (06.00)
3&4 Kick R Forward, Ball R, Cross L over R
5&6 Kick R Forward, Ball R, Cross L over
7-8 Step R to Side, Turn 1/4 right Step L Forward (03.00)

RESTART ON 4 WALL AFTER 16 COUNT

S.3: TOUCH FORWARD – TOUCH SIDE – COASTER STEP

1-2 Touch R Forward, Touch R to Side
3&4 Step R Back, Step L Beside R, Step R Forward
5-6 Touch L Forward, Touch L to Side
7&8 Step L Back, Step R Beside L, Step L Forward

S.4 Paddle Turn - Forward

1& Turn 1/8 Left Touch R To Side , Step L in Place
2& Turn 1/8 Left Touch R To Side , Step L in Place
3& Turn 1/8 Left Touch R To Side , Step L in Place
4. Step R Forward
5& Turn 1/8 Right Touch L To Side , Step R in Place
6& Turn 1/8 Right Touch L To Side , Step R in Place
7& Turn 1/8 Right Touch L To Side , Step R in Place
8. Step L Forward

CONTACT - mooki.dance@gmail.com - muki_dans@yahoo.co.id

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