

The Way I Am

COPPERKNOB
BY STEPHENETS

拍数: 34 墙数: 2 级数: Intermediate
编舞者: Yvonne Klomp (NL) - December 2017
音乐: In the Blood - Home Free



Intro: 8 counts after first beat.

S1: STEP, TOUCH, SIDE STEP, DRAG, BALL-STEP, POINT BACK, ½ TURN, ½ TURN TOE STRUT

- 1 RF step to right side
- 2 LF touch next to RF
- 3 LF big step to the left
- 4 RF drag and step next to LF
- & LF step next to RF
- 5 RF touch behind LF
- 6 RF make ½ turn right, ending with weight on RF
- 7 LF touch forward
- 8 LF turn ½ right, ending with weight on LF [12]

Alt.: replace the last 4 counts by two toe struts backwards

S2: SYNCOPATED MONTEREY TURN, SIDE-BEHIND, ¼ TURN STEP, TOGETHER, TOUCH

- 1 RF point to right side
- 2 RF make ½ turn right and step next to LF [6]
- 3 LF point to left side
- & LF step next to RF
- 4 RF touch next to LF
- 5 RF step to right side
- 6 LF cross behind RF
- 7 RF make ¼ turn right and step forward [9]
- & LF step next to RF
- 8 RF touch next to LF

S3: ROCKSTEP, POINT BACK, ¾ TURN, LOCKSTEP, ½ PIVOT TURN

- 1 RF rock forward
- 2 LF recover
- 3 RF touch behind LF
- 4 make ¾ turn right, ending with weight on RF [6]
- 5 LF step forward
- & RF cross behind LF
- 6 LF step forward
- 7 RF step forward
- 8 RF+LF make ½ turn left [12]

Alt. replace these last 2 counts and the first 2 counts of the next section by a rocking chair

S4: ½ PIVOT TURN, SHUFFLE ½, ¼ STEP, ¼ STEP, SCISSOR STEP, SWAY 2X

- 1 RF step forward
- 2 RF+LF make ½ turn left [6]
- 3 RF make ¼ turn left and step to right side
- & LF step next to RF
- 4 RF make ¼ turn left and step back [12]
- 5 LF make ¼ turn left and step to left side
- 6 RF make ¼ turn left and step to right side
- 7 LF step to left side

& RF step next to LF
8 LF cross over RF [6]
*** Restart in wall 6**
9 RF sway right
10 LF sway left

START AGAIN

TAG: At the end of the 2nd wall (facing 12) dance the following 4 counts and then Restart the dance:

1 RF step forward to right diagonal
2 LF touch next to RF
3 LF step back to left diagonal
4 RF touch next to LF

RESTART

In wall 6, dance the first 8 counts of the last section and restart the dance (facing 12).

FINISH

In wall 7, dance the first 6 counts of the last section (facing 6) and replace counts 7 and 8 by:

7 LF touch behind RF
8 make ½ turn left [12]

Have fun!

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