

# Lacramioara

拍数: 128      墙数: 1      级数: Phrased Intermediate  
编舞者: Christie Lim (MY) & Peter Reber (SA) - December 2017  
音乐: Lacramioara - Elena : (iTunes or amazon.com)



Start with vocals - Sequence: AB AB B

## Part A - 64 counts

### A1 [1..8] Walk, Walk, Samba (2x), Cross shuffle

1 2            Step RF fwd, Step LF fwd,  
3 & 4        Cross RF over LF, Rock LF to L, Recover to RF  
5 & 6        Cross LF over RF, Rock RF to R, Recover to LF  
7 & 8        Cross RF over LF, Step LF to L, RF across LF

### A2 [9..17] Left, Back rock, Recover, Side, Close, Right, Cross rock, Recover, Side, Close, (Step in place) (2x), Step right

1            Step LF to L  
2 & 3        Rock RF back, Recover to LF, Step RF to R  
4 5        Close LF to RF, Step RF to R  
6 & 7        Rock LF fwd, Recover to RF, Step LF to L  
8 & 1        Step RF next LF, Change weight to LF, Step RF to R

### A3 [18..24] L Behind, Side, Cross, 1/4 turn L, (Rock, Recover, Close) (2x)

2 & 3        LF behind RF, Step RF to R, Cross LF over RF  
4            1/4 turn L swinging RF next to LF (weight on LF) (09:00)  
5 & 6        RF fwd, Recover to LF, Step on RF  
7 & 8        LF fwd, Recover to RF, Step on LF

### A4 [25..32] Half diamond with hitch (optional), Lock Step (2x)

1 & 2        Cross RF over LF, 1/8 turn R RF stepping back hitching LF (optional)  
3 & 4        LF step back with 1/8 turn R, 1/4 turn R RF fwd, step LF fwd (03:00)  
5 & 6        Step RF fwd, LF behind RF, Step RF fwd  
7 & 8        Step LF fwd, RF behind LF, Step LF fwd

### A5 [33..40] Step, 1/2 turn L, 1/4 turn slow chasse, Sway (2x), 1/2 turn slow chasse

1 2            Step RF fwd, Pivot 1/2 turn L (09:00)  
3 & 4        1/4 turn L LF step to R, Step LF next to RF, RF step to R (06:00)  
5            Sway to L  
6            Sway to R  
7 & 8        1/2 turn R stepping to L, Step RF next to LF, Step LF to L (12:00)

### A6 [41..48] (Back rock, Recover, Side) (2x), Modified Sailor, Behind, Side, 1/4 turn R, Step fwd

1 & 2        Rock RF back diagonal, Recover to LF, 1/4 turn L RF stepping R (09:00)  
3 & 4        Rock LF back diagonal, Recover to RF, LF step L  
5 & 6        RF behind LF, LF step next to RF, Step RF to R  
7 & 8        LF behind RF, RF step to R, 1/4 turn R step LF fwd (12:00)

### A7 [49..56] Paddle turn L (2x), Roll Hip, Paddle turn L (2x), Roll Hip

1 2            1/4 paddle turn L, 1/4 turn L stepping RF to R (06:00)  
3 & 4        Hip to L (in circular motion), Hip to R, Hip to L  
5 6        1/4 paddle turn L, 1/4 turn L stepping RF to R (12:00)  
7 & 8        Hip to L (in circular motion), Hip to R, Hip to L

**A8 [57..64] Back, Close, Point fwd (2x), Point Side (2x), Point R, Drag and hitch**

- 1 2 Step RF back, Step LF next to RF
- 3 & Point R toe fwd and a little out, Step RF next to LF,
- 4 & Point L toe fwd and a little out, Step LF next to RF
- 5 & Point RF to R, Together
- 6 & Point LF to L, Together
- 7 8 Point RF to R, Drag RF ending with a Hitch (12:00)

**Part B: 64 counts****B1 [1..8] Continuous Cross shuffles, Step, 1/2 Turn, Fwd mambo, Back mambo**

- 1 & 2 & Cross RF over L, Step LF next to RF, Cross RF over L, Step LF next to R
- 3 Cross RF over LF
- 4 Pivot 1/2 turn L (06:00)
- 5 & 6 Rock RF fwd, Recover to LF, Rock RF back
- 7 & 8 Rock LF back, Recover to RF, Step LF fwd

**B2 [9..16] 1/4 turn, Anchor step (2x), 1/4 turn R, Walk, Walk, 1/2 turn R, Step fwd**

- 1 & 2 1/4 turn R stepping RF back, Step fwd onto LF, Step back on RF (09:00)
- 3 & 4 Sweep LF back and step on LF, Step fwd onto RF, Step onto LF
- 5 6 1/4 turn R step RF fwd, Step LF fwd (12:00)
- 7 8 1/2 turn R stepping RF fwd, Step LF fwd (06:00)

**B3 [17..24]**

Repeat B1

**B4 [25..32]**

Repeat B2

**B5 [33..40] (Diagonal point/steps with holds) (2x), Diagonal shuffles (2x)**

- 1 2 Turn slightly to L diagonal and point RF diagonally across LF, Hold (10:30)
- 3 4 Drop heel of RF turning slightly to R diagonal and point LF diagonally across RF, Hold (01:30)
- 5 & 6 Drop heel LF, cross and step RF diagonally across LF, LF next to RF, Step RF fwd (10:30)
- 7 & 8 cross and step LF diagonally across RF, RF next to LF, Step LF fwd (01:30)

**B6 [41..48] Back, Touch LF next to RF, Step fwd, 1/4 turn L, Volta 3/4 turn L**

- 1 2 RF big step back, Touch LF next to RF
- 3 4 LF step fwd, 1/4 turn L stepping RF fwd (09:00)
- 5 & 6 & 1/8 turn L, step LF fwd, 1/8 turn L, step RF behind LF, 1/8 turn L, step LF fwd, 1/8 turn L, step RF behind LF
- 7 & 8 1/8 turn L, step LF fwd, 1/8 turn L, step RF behind LF, Step LF fwd (12:00)

**B7 [49..56]**

Repeat B5

**B8 [57..64]**

Repeat B6

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