

I Got This

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Joke Mozes (NL) & John Warnars (NL) - October 2017
音乐: I Got This - Gayla Earlene



Intro 16 counts. Info : No Tags/Restarts.

Across Heel Grind, Left Side Step, Cross Behind, Side Step, Cross Rock, Recover, Side Step, Across Step;
1 2 3 4 RF step heel across LF & toes L, LF step to L side & toes R, RF cross behind LF, LF step to L side

5 6 7 8 RF rock across LF, weight back on LF, RF step to R side, LF across RF

Side Step, Tap (next), Side Step, Tap (next), Rock Back, Recover, ½ Shuffle Turn Left;

1 2 3 4 RF step to R side, LF toe tap next RF, LF step to L side, RF toe tap next LF

5 6 RF rock back, weight back on LF

7&8 RF ¼ turn left [9] step to R side, LF close next RF, RF ¼ turn left [6] step back

Cross Behind, Side, Across, Scuff, Jazz Box with ¼ Turn Right;

1 2 3 4 LF cross behind RF, RF step to R side, LF across RF, RF scuff forward

5 6 7 8 RF step across LF, LF ¼ turn right [9] step back, RF step to R side, LF step forward

Side Rock, Recover, Cross Shuffle, Side Rock, Recover, Sailor Step;

1 2 RF rock to R side, weight back on LF

3&4 RF step across LF, LF small step to L side, RF step across LF

5 6 LF rock to L side, weight back on RF

7&8 LF cross behind RF, RF small step to R side, LF small step to L side

1 RF start again.

Website : www.flyingbirdscountrydancers.com / www.linedancerjohn.nl

Email : jbcmozes@home.nl / johnwarnars@gmail.com / info@linedancerjohn.nl