

Demolition Man

拍数: 32 墙数: 4 级数: Improver
编舞者: Magali Bérenger (FR) - November 2017
音乐: Demolition Man - The Cadillac Three : (Album: Legacy)



Intro - 16 cts

SCT 1 : Out Out, Back Rock, Side, Together 1/4 , Fwd Chassé

1 - 2 Step RF on right side, Step LF on left side
3 - 4 Rock RF back, Recover on LF
5 - 6 Step RF on right side, 1/4 turn left stepping LF next to RF (weight change on LF) 9:00
7 & 8 Step RF fwd, Together on LF, Step RF fwd

SCT 2 : Rock Fwd, Back Chassé, 1/4 turn, Brush, Cross Shuffle

1 - 2 Rock LF fwd, Recover on RF
3 & 4 Step LF back, Together on RF, Step LF back
5 - 6 1/4 turn right stepping RF on right side (12:00), Brush LF
7 & 8 Cross LF over RF, Together on RF, Cross LF over RF

RESTART WALL 4 (begins facing 3:00, restart facing 3:00)

SCT 3 : Side Rock, Back Rock, Fwd Rock, 3/4 turn

1 - 2 Rock RF on right side, Recover on LF
3 - 4 Rock RF back, Recover on LF
5 - 6 Rock RF fwd, Recover on LF
7 - 8 1/2 turn right stepping RF fwd (6:00), 1/4 turn right stepping LF back 9:00

RESTART WALL 5 (begins facing 3:00, restart facing 12:00)

SCT 4 : Back Rock, Fwd, Point, Cross, Back, Coaster step

1 - 2 Rock LF back, Recover on RF
3 - 4 Step RF fwd, Point LF on left side
5 - 6 Cross LF over RF, Step RF back
7 & 8 Step LF back, Together on RF, Step LF back

FINAL : The last wall of the dance begins facing 12:00 ; to finish the dance facing 12:00 , make this change on the last Coaster step :

7 & 8 Step LF back, 1/4 turn right stepping RF fwd, Step LF on left side

MAGALI BÉRENGER A.K.A. MONTANA MAG montanamag38@gmail.com
<https://montanamag38.wixsite.com/montanamag> <http://countryagogo.free.fr/>

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