

Knock On The Door

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Nina Chen (TW) - December 2017
音乐: Knock on the Door (敲敲门) - Huang Xiao Feng (黄晓凤)



Intro: 32 counts

Sec 1: (R&L) TOE STRUT - HIP BUMP

1-4 Touch R toe fwd - Drop R heel to the floor - Touch L toe fwd - Drop L heel to the floor
5&6, 7&8 Step RF to R bump hip (R L R), Weight recover on L bump hip (L R L)

Sec 2: CHASSE R - ROCK BACK - RECOVER, CHASSE L - ROCK BACK - RECOVER

1&2, 3-4 Step RF to R - Step LF beside RF - Step RF to R, Rock LF back - Recover onto RF
5&6, 7-8 Step LF to L - Step RF beside LF - Step LF to L, Rock RF back - Recover onto LF

Sec 3: MONTEREY 1/4 TURN R, JAZZ BOX 1/4 TURN R

1-4 Touch RF to R - On ball of LF 1/4 turn R (3:00) step RF beside LF - Touch LF to L - Step LF beside RF
5-8 Cross RF over LF - Step LF back - 1/4 turn R (6:00) step RF to R - Cross LF over RF

Sec 4: (R&L) SIDE TOUCH, HIP BUMP

1-4 Step RF to R - Touch L toes to L - Step LF to L - Touch R toes to R
(Optional: SIDE WITH HIPS ROLL - TOUCH WITH HIPS PUSH)
5-8 Bump hip (R L R L)

Tag1: After Wall3 (6:00)

T1Sec 1: (R&L) DIAGONAL FWD SHUFFLE - JAZZ BOX 1/4 TURN R

1&2, 3&4 Step RF slightly diagonal fwd - Step LF behind RF - Step RF slightly diagonal fwd, Step LF slightly diagonal fwd - Step RF behind LF - Step LF slightly diagonal fwd
5-8 Cross RF over LF - Step LF back - 1/4 turn R (9:00) step RF to R - Cross LF over RF

T1Sec 2: (R&L) DIAGONAL FWD SHUFFLE - JAZZ BOX 1/4 TURN R

1&2, 3&4 Step RF slightly diagonal fwd - Step LF behind RF - Step RF slightly diagonal fwd, Step LF slightly diagonal fwd - Step RF behind LF - Step LF slightly diagonal fwd
5-8 Cross RF over LF - Step LF back - 1/4 turn R (9:00) step RF to R - Cross LF over RF

Tag 2: After Wall6 (6:00)

T2Sec1: FWD SHUFFLE 1/4 TURN R. (x4)

1&2, 3&4 Fwd shuffle (R L R) 1/4 turn R (9:00), Fwd shuffle (L R L) 1/4 turn R (12:00)
5&6, 7&8 Fwd shuffle (R L R) 1/4 turn R (3:00), Fwd shuffle (L R L) 1/4 turn R (6:00)

Ending : After Wall9 (12:00)

Sec E1: (R&L) SIDE TOUCH, HIP BUMP

1-4 Step RF to R - Touch L toes to L - Step LF to L - Touch R toes to R
(Optional: SIDE WITH HIPS ROLL - TOUCH WITH HIPS PUSH)
5-8 Bump hip (R L R L)

Sec E2: (R&L) SIDE TOUCH, HIP BUMP

1-4 Step RF to R - Touch L toes to L - Step LF to L - Touch R toes to R
(Optional: SIDE WITH HIPS ROLL - TOUCH WITH HIPS PUSH)
5-8 Bump hip (R L R L)

Sec E3: CHASSE R - ROCK BACK - RECOVER, CHASSE L - ROCK BACK - RECOVER

1&2, 3-4 Step RF to R - Step LF beside RF - Step RF to R, Rock LF back - Recover onto RF

5&6, 7-8 Step LF to L - Step RF beside LF - Step LF to L, Rock RF back - Recover onto LF

Have Fun & Happy Dancing !!!

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