

Rocking Bells

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner
编舞者: Kim Liebsch (DK) - November 2017
音乐: Jingle Bell Rock - Daryl Hall & John Oates



Intro: 16 counts from first beat in music (appr. 7 sec) Start with weight on L foot

#1 section: 2 X kick ball step, chasse', back rock

1&2 Kick R fw. step R next to L, step fw. on L 12:00
3&4 Kick R fw. step R next to L, step fw. on L 12:00
5&6 Step R to R side, close L beside R, step R to R side 12:00
7-8 Rock back on L, recover on R 12:00

#2 section: Chasse', back rock, 2 X step brush

1&2 Step L to L side, close R beside L, step L to L side 12:00
3-4 Rock back on R, recover on L 12:00
5-6 Step fw. on R, brush L 12:00
7-8 Step fw. on L, brush R 12:00

#3 section: Shuffle fw. rock recover, shuffle back, back rock

1&2 Step fw. on R, step L next to R, step fw. on R 12:00
3-4 Rock fw. on L, recover on R 12:00
5&6 Step back on L, step R next to L, step back on L 12:00
7-8 Rock back on R, recover on L 12:00

#4 section: Step ½ turn, cross rock, side rock, back rock

1-2 Step fw. on R, make ½ turn L stepping fw. on L 6:00
3-4 Cross R over L, recover on L 6:00
5-6 Rock R to R side, recover on L 6:00
7-8 Rock back on R, recover on L 9:00

MERRY CHRISTMAS

Good Luck & enjoy!

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