

Can You Stand It...

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Easy Intermediate
编舞者: Sandy Kerrigan (AUS) - January 2013
音乐: Can You Stand It - Johnnie Johnson : (Album: Johnnie B. Bad - iTunes)



No Tags Or Restarts

Weave to R Side, Side Shuffle with Turn ¼, Back Rock Step

1 2 3 4 Step R to R Side, Cross L Behind R, Step R to R Side, Cross L over R
5 & 6 7 8 Turning ¼ L-Step R to R side, Step L next to R, Step R to R, Rock Back L, Rock Fwd R

Weave to L Side, Side Shuffle with Turn ¼, Back Rock Step

1 2 3 4 Step L to L Side, Cross R Behind L, Step L to L Side, Cross R over L 9:00
5 & 6 7 8 Turning ¼ R-Step L to L Side, Step R next to L, Step L to L, Rock Back R, Rock Fwd L 12:00
(Shuffle Note: Turn ¼ on the first Step of Side Shuffle)

Reggae Turn ¼ R (Jazz Box)(toe points) Point Turn ¼, Step, Point Turn ¼, Step

1 2 3 4 Cross R over L, Step Back on L, ¼ R-Step Fwd R, Step Fwd on L 3:00
5 6 Turning ¼ R-Point to R Fwd, Step on R in place 6:00
7 8 Turning ¼ L-Point to L Fwd, Step on L in place 3:00 (this is not a Monterey turn)

½ Pivot Turn L, Reggae, Heel, Together, Heel

1 2 3 4 Step Fwd R, ½ Pivot Turn L-wt on L, Cross R over L, Step Back on L
5 6 7 8 Step R to R Side, Place L Heel Fwd, Step L next to R, Place R Heel Fwd 9:00

Back Rock Step, Tap, Step, Tap, Step, Tap, Step ¼ Side

1 2 3 4 Rock Back on R, Rep Fwd to L, Tap R Toe next to L-R Knee turned in, Step slightly Fwd on R
5 6 Tap L Toe next to R-L Knee turned in, Step slightly Fwd on L 9:00
7 8 Tap R next to L, Turn ¼ L to 6:00 Step R to R Side

Stomp, Stomp, ¼ Fwd, Heel Fwd, ¼ Step Side, Stomp, ¼ Fwd, Stomp Together

1 2 Stomp L next to R, Stomp L next to R,
3 4 5 Turning ¼ L Step Fwd L, R Heel Fwd, ¼ L to 12:00 Step R to R Side
6 7 8 Stomp L next to R, ¼ L- Step Fwd L, Step R next to L-wt on L 9:00

(Note: The stomps are stomp ups)

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This song reminds me so much of Little Richard....The Architect of Rock 'N Roll.

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