

One Last Song

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Linda Burgess (AUS) - November 2017
音乐: One Last Song - Sam Smith : (Album: The Thrill of it All - iTunes)



Dance turns anticlockwise. Version 0.2

Intro: 16 strong counts

{1-8} SLIDE R, SLIDE L, TRIPLE FULL TURN R, TOGETHER, WALK, WALK, ½ BACK, BACK, FWD, FULL TURN R, FWD/SWEEP

1,2,3a4 Step R to R & slide L to R, step L to L & slide R to L, turn ¼ R & step fwd R, turn ½ R & step back L, turn ¼ R & step R to R (12:00)

Note: The next 22 steps are danced on a diagonal.

a5,6a7,8a1 Step L beside R & turn 1/8th L (10:30), step fwd R, step fwd L, turn ½ L & step back R, step back L, step fwd R, turn ½ R & step back L, turn ½ R & step fwd R & sweep L around to front (4:30)

{9-16} CROSS, SIDE, BACK/SWEEP, BEHIND, ¼ FWD, PIVOT ½, PIVOT ½, STEP, RUN, RUN, RUN

2a3,4a Cross/step L over R, step R to R side, step back L & sweep R around to back, cross/step R behind L, turn ¼ L & step fwd L (1:30)

5a6a7,8&a Step fwd R, pivot ½ turn L, step fwd R, pivot ½ turn L, step fwd R, run fwd L,R,L (1:30)

{17-24} STEP FWD, PIVOT ½ L, TOGETHER, SHUFFLE FWD, BACK/SWEEP, BACK/SWEEP, BEHIND, SIDE, CROSS, SIDE DRAG

1,2a3a4 Step fwd R, turn ½ L & step down on L, step R beside L, step fwd L, step R beside L, step fwd L (7:30)

5,6,7&a8 Step back R & sweep L back, step back L & sweep R back, square off to 6:00 & cross/step R behind L, step L to L, cross/step R over L, big step to L & drag R to L (6:00)

{25-32} SIDE, TOUCH/CLICK, TRIPLE FULL TURN L, PIVOT ¼, PIVOT ¼, PIVOT ¼, TOUCH

1,2,3a4 Big step to R, touch L beside R & click fingers, turn ¼ L & step fwd L, turn ½ L & step back R, turn ¼ L & step L to L (6:00)

5a6a7a8 Step fwd R, pivot ¼ L, step fwd R, pivot ¼ L, step fwd R, pivot ¼ L, touch R beside L. (9:00)

(Note- use a little hip styling on the first counts of these slow pivots)

Begin again!

Tag A. (danced only once)(8 counts)

End of Wall 1.

1&a2&a3,4 (cross waltzes travelling slightly fwd)-R twinkle, L twinkle, touch R across L, unwind ½ turn L.

5&a6&a7,8 Repeat first 4 counts of Tag. (9:00)

Tag B.

End of Wall 2 & 6 (12 COUNTS)

1,2,3,4 Skate fwd R, L, R, L (add some hip styling on these skates)

5a6a7a8 Step fwd R, pivot ¼ L, step fwd R, pivot ¼ L, step fwd R, pivot ¼ L, touch R beside L.

1,2,3,4 Skate fwd R, L, R, L

Restart: Wall 3. Dance counts 1-24 then restart facing 3:00

Restart: Wall 5. Dance counts 1-20, turn 1/8th L & then restart facing

Finish: The last tag B finishes facing 6.00, just keep weight on L & turn ½ turn R to front, hands flick out to sides

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