

Nola

拍数: 32 墙数: 4 级数: Beginner
编舞者: Rita Masur (CAN) - November 2017
音乐: Nola - Billy Williams : (Album: Billy Williams Greatest Hits)



Start on vocals

[SECTION 1] SIDE, BEHIND, SIDE, CROSS IN FRONT, CHASSE, ROCK BACK, RECOVER

1-2 Step R to side, step L behind right
3-4 Step R to side, cross L over right
5&6 Step R to side, step L together, step R to side
7&8 Rock L behind right, recover on R

[SECTION 2] SIDE, BEHIND, SIDE, CROSS IN FRONT, CHASSE, ROCK BACK, RECOVER

1-2 Step L to side, step R behind left
3-4 Step L to side, cross R over left
5&6 Step L to side, step R together, step L to side
7-8 Rock R behind left, recover on L

[SECTION 3] DIAGONAL STEP, LOCK, STEP, TOUCH

1-2 Step R fwd on diagonal, step L behind R
3-4 Step R fwd on diagonal, Touch L beside R
5-6 Step L fwd on diagonal, step R behind L
7-8 Step L fwd on diagonal, touch R beside L

[SECTION 4] JAZZ BOX CROSS ¼ TURN RIGHT, STEP TOUCHES

1-2 Cross R over L, step L back
3-4 ¼ turn right step R to right side, cross L over R
5-6 Step R to side, Touch L beside R
7-8 Step L to side, Touch R beside L

Repeat

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