

One Last Song

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Intermediate
编舞者: Lu Olsen (AUS) - November 2017
音乐: One Last Song - Sam Smith : (Album: The Thrill of It All - iTunes)



#16 count Intro: Ver: 1.00

Dance Sequence: 40a, 40a/Tag, 24a, 32a, 20, 40a/Tag

[1 – 8a] Fwd, ½ back, ¼ side, Fwd, Side, Beside, ¼ fwd, Back, Back, ¼ side, ¼ fwd, ¼ Tog

1, 2 a 3 Step R fwd, ½ Right turn & step L back, ¼ Right turn & step R to Right, Step L fwd 9.00
4 a 5 Step R to Right, Step L beside R, ¼ Right turn & step R fwd, 12.00
6 a 7 Step L back, Step R back, ¼ Left turn & step L to Left 9.00
8 a ¼ Right turn & step R fwd, ¼ Right turn & step L beside R 3.00

[9 – 16a] Side, Behind, ¼ fwd, Fwd, ½ Back, ¼ fwd, Tog/¾ spin, L fwd Coaster, Back, ¼ Side

1, 2 a 3 Step R to Right, Step L behind R, ¼ Right turn & step R fwd, Step L fwd 6.00
4 a 5 ½ Left turn & step R back, ¼ Left turn & step L fwd, Step R beside L into ¾ Left spin 12.00
6 a 7 (Left fwd Coaster:) Step L fwd, Step R beside L, Step L back 12.00
8 a Step R back, ¼ Left turn & step L to left 9.00

[17 -24a] Side, Behind, ¼ fwd, Fwd, Fwd, Back, ½ Fwd, ¼ Side, ½ hinge Side, Sway, Side, ¼ Tog

1, 2 & a Step R to Right, Step L behind R, ¼ Right turn & step R fwd, Step L fwd 12.00
3, 4 a Step R fwd, Step L back ^, ½ Right turn & step R fwd, 6.00
5, 6, ¼ Right turn & step L to left, ½ Right hinge & step R to Right, 3.00
7, 8 a Sway L to left, Step R to Right, ¼ Right turn & step L beside R, # 6.00

[25 – 32a] Cross, Side, Tog, Fwd, Full L turn fwd, Back, ¼ Side, Cross, Side, ¼ Tog

1, 2 a 3 Cross R over L, Step L to Left, Step R beside L, Step L fwd
4 a 5 Full Left turn fwd stepping R, L, R 6.00
6 a 7 Step L back, ¼ Right turn & step R to Right, Cross L over R 9.00
8 a Step R to Right, ¼ Left turn & step L beside R ** 6.00

[33 – 40a] ¼ fwd, Recover, ¾ Fwd, Fwd, Recover, ½ fwd, Fwd, Recover 1/8 Side, Cross, ¼ Back, ½ fwd

1, 2 a ¼ Left turn & step R fwd, Step L In place, 3/8th Right turn & step R fwd, 7.00
3, 4 a Step L fwd, Step R in place, ½ Left turn & step L fwd 1.00
5, 6 a Step R fwd, Step L in place, 1/8th Right turn & step R to Right, 3.00
7, 8 a Cross L over R, ¼ Left turn & step R back, ½ Left turn & step L fwd 6.00

TAG:

1, 2 a, Rock R fwd, Rock L in place, ½ Right turn & Step R fwd,
3, 4 a Rock L fwd, Rock R in place, ½ Left turn & Step L fwd

TAG at :-

End of WALL 2 (Tag danced to 12.00) and.....

End of WALL 6 – (Last wall) (Tag danced to 6.00) add following to finish to 12.00.....

5,6 Step R fwd, ½ Left turn & L fwd/drag R

RESTARTS:

Wall 3 (12.00) dance to count 24a#

Wall 4 (6.00) dance to count 32a **

Wall 5 (12.00) dance to count 20 ^

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