

Electricity

拍数: 32 墙数: 2 级数: Beginner +
编舞者: Angéline Fourmage (FR) - November 2017
音乐: This Electricity - Raphael Lake : (Album: Extreme Music)



Begin the dance on 40 count (22 second)

[1-8] Cross *, 1/4 back, 1/4 chassé, cross*, 1/4 back, 1/4 chassé

- 1-2 Cross RF over LF, LF behind make 1/4 turn right (3.00)
3&4 Make 1/4 turn right with chassé (RF to the side right « 6.00 », LF next to the RF, RF to the side right)
5-6 Cross LF over RF, RF behind make 1/4 turn left (3.00)
7&8 Make 1/4 turn left with chassé (LF to the side left « 12.00 », RF next to the LF, LF to the side left)

Restart to the 3 walls (3.00)

[9-16] Cross, side, behind, side and hell, cross, side, weave

- 1-2 Cross RF over LF, LF to side the left
3&4& Cross RF behind, LF to the side left, RF hell on diagonal right, RF to the right side
5-6 Cross LF over RF, RF to side the right
7&8 Cross LF behind, RF to side right, cross LF over RF

[17-24] Rumba box modified with 1/4 turn left

- 1-2 Step RF to side right, LF next to the RF
3&4 Triple step back (RF back, LF next to the RF, RF back)
5-6 Step LF to side left, RF next to the LF
7&8 Chassé with 1/4 left (LF to the side left, RF next to the LF, LF forward with 1/4 turn left « 9.00 »)

[25-32] Rock step, coaster stepx2

- 1-2 RF forward, recover to the LF
3&4 RF back, LF next to the RF, RF forward
5-6 LF forward, recover to the RF
3&4 LF back, RF next to the LF, LF forward

*** Option : Heel grind 1/4 and chassé 1/4**

Smile and enjoy the dance

Contact : maellynedance@gmail.com