

Yo Contigo

COPPER KNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Antonella MAZZEO (FR) - July 2017
音乐: Yo Contigo, Tú Conmigo - Morat & Álvaro Soler



Intro : 8 counts (voice)

Section 1 : SIDE ROCK RECOVER CROSS, SIDE ROCK RECOVER CROSS, SIDE SHUFFLE (Turn 1/8 to the R diagonally) ROCK FWD, RECOVER, ROCK BACKWARDS (Rocking Chair), RECOVER

1 & 2 Rock R to side recover on L, cross L over R

3 & 4 Rock L to side recover on R, cross R over LF

This sequence is done while advancing

5 & 6 Rock R to side, together, Rock R to side,

&7 & 8 (Turn 1/8eme R diagonally) Rock L forward, recover, Rock L backwards, recover, (Rocking Chair)

Section 2 : ROCK FWD DIAGONALLY, RECOVER, 3/8 eme (1/4 + 1/8 TURN) POINT, HITCH, 1/4 TURN (X2) STEP FWD 1/4 TURN, SHUFFLE FWD, MAMBO

1 & 2 Rock L forward, recover, 1/4 + 1/8 Turn on L

3 4 Point RF inside, Hitch, 1/4 Turn on L, Point RF inside hitch,

5 & 6 Shuffle forward RLR,

7 & 8 Rock Forward on L, recover next to R

Section 3 :MAMBO R/ L, CROSS SIDE 1/4 TURN TO THE R, HEEL & CROSS SIDE HEEL

1 & 2 Rock inside on R, recover next to L

3 & 4 Rock inside on L, recover next to R

5 & 6 & Cross step R over L ¼ turn R step side L, Heel R step RF inside

7 & 8 & Cross step L over R, step side R, Hill L step LF, inside,

Section 4 : STEP FWD TURN 1/2 TO THE L SPIRAL TURN, SWEEP, JAZZ BOX CROSS

1 2 Step R forward, turn ½ ,

3 4 Step R backward spiral turn (turn ½ + turn ½) ending with LF forwards, sweep RF

5 6 RF Step across LF, LF Step back,

7 8 RF Step beside LF, LF cross forward R

TAG : Point Side RF 1/4 turn L 4X

- after 16 counts wall 3

- after 16 counts wall 7

- after 8 counts wall 8

Contact: nellamaz.choreline@gmail.com