

Everything I Need

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Lars Kuif (NL) - November 2017
音乐: "Everything I'll Ever Need" by Jaimy Taylor (cover)



Optional: "Everything I'll Ever Need" by Hayden Panetierre & Jonathan Jackson

Starts after 16 counts.

[1 – 8] Point Toe Out-In-Out, Behind-Side-Cross, Peddle Turn $\frac{1}{4}$, Lock Step Fwd.

1&2 Point R toe to side. (1), touch R toe next to L (&), point R toe to side (2) [12.00]
3&4 Step R behind L (3), step L to side (&), step R across L (4) [12.00]
5&6& Step L to side (5), $\frac{1}{8}$ R switching weight to R (&), step L to side (6) $\frac{1}{8}$ R and weight to R (&) [03.00]
7&8 Step L fwd. (7), lock R behind L (&), step L fwd. (8) [03.00]

[9 – 16] Mambo Step, (Hitch, Step Back) 2x, Rock Back, Side Rock, Cross Rock

1&2 Rock R fwd. (1), recover to L (&), step R back (2) [03.00]
&3 Hitch L (&), step L back (3) [03.00]
&4 Hitch R (&), step R back (4) [03.00]
5& Rock L back (5), recover to R (&) [03.00]
6& Rock L to side (6), recover to R (&) [03.00]
7&8 Rock L across R (7), recover to R (&), step L next to R (8) [03.00]

*Restart in wall 3

[17 – 24] Toe Struts, $\frac{1}{4}$ Pivot, Rhumba Box Back

1&2& Step on R toe fwd. (1), drop R heel (&), step on L toe fwd. (2), drop L heel (&) [03.00]
3&4 Step R fwd. (3), $\frac{1}{4}$ turn L placing weight on L (&), step R across L (4) [12.00]
5&6 Step L to side (5), step R next to L (&), step L back (6) [12.00]
7&8 Step R to side (7), step L next to R (&), step R fwd. (8) [12.00]

[25 – 32] Heel, Hook, Heel, Flick, Shuffle Fwd., Jazz Box $\frac{1}{4}$ R

1&2& Touch L heel fwd. (1), hook L across R (&), touch L heel fwd. (2), flick L back (&) [12.00]
3&4 Step L fwd. (3), step R next to L (&), step L fwd. (4) [12.00]
5 – 8 Step R across L (5), step L back (6), $\frac{1}{4}$ R stepping R to side (7), step L across R (8) [03.00]

*Restart: Dance wall 3 up to count 16 (count 8 of section 2) and begin again.

Questions: larskuif@hotmail.com