

Piece By Piece

拍数: 48 墙数: 2 级数: Intermediate +
编舞者: Johanna Barnes (USA) - October 2017
音乐: Piece by Piece - Taylor Henderson



(Clock notation begins on your start wall as 12:00. Each phrase will carry a new 12:00 start wall, ½ turn of the previous phrase.)

[1~8]: CROSS, ROCK-RECOVER, CROSS, PREP TO DIAGONAL, ½ TURN BACK, BACK, COASTER STEP

- 1, 2, 3 R cross step over L (1); L rock out to left side (2); redirect right as you recover weight onto R (3)
4&5, 6 L cross over R (4); step toward diagonal onto R [2:00] (&); ½ turn right, stepping back onto L [8:00] (5); step back onto R (6)
7 & 8 L step back (7); R step back next to L (&); L step forward (8)

[9~16]: STEP-HOLD, STEP, ROCK ¼ STEP FWD, ½ PIVOT, ¼ PIVOT, PUSH R-HOLD

- 1-2, 3 R step forward, slightly across L (1); hold (2); L step forward (3)
4 & 5 rock out onto R, while making a 1/8 turn left (4); recover 1/8 left onto L [4:00] (&); R step forward [4:00] (5)
6, 7, 8 make a ½ turn left onto L [10:00] (6); make 1/4 + turn left with a slight push onto R [6:00] (7); hold (8)

[17~24]: ANGLED* BACK, ROCK-RECOVER, STEP FWD, LIFT/HITCH, ¼ TURNING JAZZ BOX

- 1,2,3,4 step back onto L (1); rock back onto R (2); recover weight forward onto L (3); step forward onto R (4)
5,6,7,8 L small lift/hitch (5); cross L over right (6); step back onto R (7); make a ¼ left step out onto L [12:00] (8)

*This whole section through count 6 will be more comfortable, and should be angled toward [4:00]

[25~32]: ¼ STEP TOUCHES X 2, R-L TURNING SLIDE STEPS, STEP BEHIND

- 1, 2 ¼ turn left stepping out right onto R [9:00] (1); touch L next to R (2);
3, 4 ¼ turn left stepping onto L [6:00] (3); touch R next to L (4)
5 & push/slide R to right side (5); making ¼ turn left, bring L to touch next to R [9:00] (&);
6 & push/slide L to left side (6); making ¼ turn left, bring R to touch next to L [12:00] (&);
7, 8 push/ slide R to right side (7); L cross step behind R (8)

[**TAG/ RESTART HERE AFTER 32 COUNTS OF PHRASE 5**]

[33~40]: TOE-HEEL TOGETHER TWISTS R, R SLOW ½ CHASE TURN, HOLD

- 1, 2 with both feet, rotate toes to the right (1); rotate both heels to the right (2)*
3, 4 with both feet, rotate toes to the right (3); rotate both heels to the right, then weight L (4)*
5,6,7-8 R step forward (5); ½ turn left onto L [6:00] (6); R step forward (7); hold (8)

*Arm/ body styling: with arms bent at the elbows/ hands by your shoulders, shift them left with toes right, right with heels, and repeat.

You can style by also starting upright, then bending slightly as you move right, lowering your arms as well.

[41~48]: L SLOW ½ CHASE TURN, ¼ BACK R, ¼ SIDE R, CROSS, SWEEP, CROSS, FULL SPIRAL TURN R

- 1,2,3,4 L step forward (1); ½ turn right onto R [12:00] (2); ¼ turn right, back onto L (3); ¼ turn right out onto R [6:00] (4);
5, 6 L step across R (5); R sweep counter-clockwise across L (weight remains on L) (6);
7, 8 R step across left in prep position (7); make ¼ turn right stepping back onto L, and continue rotating ¾ turn right to the back/ new wall keeping weight on L (you will then cross R over L for count 1) [6:00] (8)

(BEGIN AGAIN, and most certainly DWYF!)

****TAG/ RESTART:** rock out to R for 1-2, recover weight onto L for 3-4, with optional hand/arm movement: making a 'heart' with your hands, circle them from bottom counter-clockwise in a circle in front of you or get creative (there is no music, only a soft spoken count of 4. Then RESTART.

V2.0

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This step description is intended to be a guideline. Dance demos and visual references may be found on the DanceWhatYouFeel YouTube channel. <http://www.youtube.com/user/DanceWhatYouFeel>

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