How Did You Love



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Trevor Thornton (USA) - September 2017

音乐: How Did You Love - Shinedown



Count In: 8 cts from start of the track

Notes: 2 Re--Starts Wall 4, after 8ct Wall 7, after 4 cts

[1 - 8] SAMBA ½ TURN R, TRIPLE STEP, ½ TURN SWEEP, SWEEP, SAILOR STEP

1 & 2	Cross R in front of L (1), Step back on L making $\frac{1}{4}$ turn to the R ($\frac{8}{4}$), step fwd on R making $\frac{1}{4}$ turn R (2) 6
3 & 4	Step fwd on L (3), Step R next to L (&), Step fwd on L (4) Restart here on Wall 7** 6
5 6	½ turn L as you step fwd on R sweeping L foot front to back (5), Step back on L as you sweep R foot front to back (6)
7 & 8	Step R behind L (7), Step to the L w/L (&), Step fwd on R (8) Restart here on Wall 4** 12

[9 - 16] BALL STEP, 3/4 TURN L W/A HOOK, TRIPLE STEP, ROCK, RECOVER, FULL TURN, 1/4 TURN

& 1 2	Step L to the inside of R (&), Step fwd on R (1) Hook L in front of R as you make a ¾ turn
	spiral over L shoulder to face 3:00. (2) 3

3 & 4 Ste	p fwd on L (3).	Step R next to L	(&),	Step fwd on L	(4) 3
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5 6 Rock fwd on R (5), Recover weight back to L (6) 3

7 & 8 & ½ turn R stepping fwd on R (7), ½ turn R stepping back on L (&), ¼ R stepping to the R w/R

(8), Step L slightly to the inside of R (&). 6

[17 -24] CROSS, 1/4 TURN L W/PRESS, BACK LOCK STEP, 1/4 TURN R, STEPPING OUT W/ R, SWAY X2

12	Cross R over L (1), ¼ turn L pressing L fwd (2). 3
34&	Step back on R (3), Step back on L (4), Lock R in front of L (&) 3
5 6	Step back on L (5), 1/4 turn to the R stepping out on R (6) 6
7 8	Sway L (7) Sway R (8) 6

Styling On counts 7, your L hand goes down and out to the L (palms facing out), Ct 8-- Your R hand goes down and out to the R (palms facing out)

& count, your L hand comes into middle of the body (by your navel) making a fist

Ct 1: R hand comes out and over on top of L fist.

[25 - 32] BALL CROSS, SWAY L, SWAY R, BALL CROSS, $\frac{1}{4}$ TURN L, $\frac{1}{2}$ TURN SWEEP, $\frac{1}{2}$ TURNING SAILOR STEP.

Step L to inside of R (&) Cross R over L (1), Sway L (2) 6
Sway R (3), Step L to inside of R (&), Cross R over L 6
1/4 turn L stepping on L (5), 1/2 stepping back on R sweeping L foot front to back (6) 9
Step L behind R (7), ¼ turn L stepping back on R (&), ¼ turn L stepping fwd on L 3

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