

# The Older I Get

COPPER KNOB  
BY YVONNE SMEETS

拍数: 32      墙数: 2      级数: Intermediate  
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音乐: The Older I Get - Alan Jackson : (Album: The Older I Get)



Intro: 16 counts

## NC Basic, Side, Mod. Diamond $\frac{1}{2}$ R, $\frac{1}{8}$ R Sways, Start NC Basic

1-2&3      RF big step side, LF rock behind, RF recover, LF big step side  $\frac{1}{8}$  right  
4&5      RF step back, LF step back, RF  $\frac{1}{4}$  right step forward  
6&7      LF step forward, RF step forward, LF  $\frac{1}{4}$  right step back  
8&1      RF  $\frac{1}{8}$  right step side and hips right, hips left, RF big step side [9]

## Continued NC Basic, $\frac{1}{4}$ R Back, $\frac{3}{4}$ R Step Lock Step, Step Lock Step Fwd, Rock Fwd Recover, $\frac{1}{2}$ R Fwd

2&3      LF rock behind, RF recover, LF  $\frac{1}{4}$  right step back and sweep RF back  
4&5      RF  $\frac{1}{2}$  right step forward, LF lock behind, RF  $\frac{1}{4}$  right step forward  
6&7      LF step forward, RF lock behind, LF step forward  
8&1      RF rock forward, LF recover, RF  $\frac{1}{2}$  right step forward [3]

## \* $\frac{1}{4}$ Turn R/Sweep, Behind Side Cross/Sweep, Cross, $\frac{1}{4}$ L Back, Rock Back Recover, Full Turn R

2&3      LF  $\frac{1}{2}$  right step back, RF  $\frac{1}{2}$  right step forward, LF  $\frac{1}{4}$  right step side and sweep RF back  
4&5      RF cross behind, LF step side, RF cross over and sweep LF forward  
6&7      LF cross over, RF  $\frac{1}{4}$  left step back, LF rock back  
8&1      RF recover, LF  $\frac{1}{2}$  right step back, RF  $\frac{1}{2}$  right step forward [3]

## Rock Fwd Recover, $\frac{1}{4}$ L Side, Cross Shuffle, Back, $\frac{1}{4}$ R Fwd, Fwd, Pivot $\frac{3}{4}$ L

2&3      LF rock forward, RF recover, LF  $\frac{1}{4}$  left step side  
4&5      RF cross over, LF step side, RF cross over  
6&7      LF step back, RF  $\frac{1}{4}$  right step forward, LF step forward  
8&      RF step forward, R+L  $\frac{3}{4}$  turn left

Start again

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