

Female

拍数: 32 墙数: 2 级数: Easy Intermediate
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音乐: Female - Keith Urban : (iTunes)



(Intro: 16 counts)

ACROSS, BACK-SIDE, SHUFFLE ACROSS, BACK- ¼ TURN, FORWARD-TOGETHER, COASTER FORWARD

1,2& Step right across in front of left, replace weight back onto left, step right to the side,
3&4 Shuffle left across in front of right: L-R-L,
5& Step right back, turn ¼ turn left step left forward,
6& Step right forward, step left together,
7&8 Step right forward, step left together, step right back. (9:00)

BACK, FORWARD- ¼ TURN, BACK, FORWARD, SASSY WALKS FORWARD, QUICK PADDLE, QUICK PADDLE

1,2& Step left back, rock forward onto right, turn ¼ turn right step left beside right,
3,4 Step right back, step left forward,
5 Hitch right leg and step slightly forward in front of left, (sassy walk)
6 Hitch left leg and step slightly forward in front of right, (sassy walk)
&7 Step right forward, turn ¼ turn left take weight onto left,
&8 Step right forward, turn ¼ turn left take weight onto left. ** (6:00)

(Restart on walls 3&7)

ACROSS, BACK- ¼ TURN, QUICK-PIVOT TURN, CROSS UNWIND ¾ TURN, SIDE SHUFFLE

1,2& Step right across in front of left, replace weight back onto left, turn ¼ turn right step R forward,
3&4 Step left forward, turn ½ turn right take weight onto right, step left forward,
5,6 Step right across in front of left, unwind ¾ turn left take weight onto left,
7&8 Side shuffle right: R-L-R. (6:00)

CROSS SAMBA STEP, SHUFFLE ACROSS, SIDE-TOUCH, SIDE-TOUCH, FULL TURN TRIPLE

1&2 Step left across in front of right, step right to the side, replace weight back onto left,
3&4 Shuffle right across in front of left: R-L-R,
&5&6 Step left to the side, touch right together, step right to the side, touch left together,
7&8 Turning a full turn left triple step: L-R-L. (easier option: side shuffle to the left) (6:00)

[32] REPEAT

TAG: at the end of walls 2,5&8 add the following 4& counts:

1,2& Step right across in front of left, replace weight back onto left, step right together,
3,4& Step left across in front of right, replace weight back onto right, step left together.

RESTART: on walls 3&7, dance to count 16 (**) then Restart the dance again.

Ending: on wall 9, dance to count 16, then pivot turn to face the front.