

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Roger Neff (USA) - August 2017  
音乐: Runnin' Around - Colbie Caillat



**Restart: after 16 counts of rotation 4 facing 9:00**  
**Tag: 1x 8-count Tag at end of 7th full rotation facing 9:00**

**Intro: 32 counts**

**[1-8] STEP R, L BEHIND R, SIDE SHUFFLE, L OVER R, STEP ON R, ROCK BACK ON L, RECOVER ON R**

1-2,3&4	Step R, Step L behind R, Step R, Step L beside R, Step R
5-6-7-8	Step L over R, Step R, Rock back on L (on diagonal), Recover on R

**[9-16] STEP L, STEP R BEHIND L, TRIPLE STEP TURNING ¼ TO L (9:00), STEP FORWARD ON R, TURN ¾ OVER L SHOULDER, STEP ON L, TAP R (12:00)**

1-2,3&4      Step L, Step R behind L, Triple step L,R,L turning ¼ to L (9:00)

5-6-7-8      Step forward on R (5), Turn ¾ over L shoulder (6), Step on L, Tap R toe beside L (12:00)

**\*\*\*\* To avoid the  $\frac{3}{4}$  turn in this section:**

**Step L, Step R behind L, Side shuffle, Step R over L, Tap L beside R, Step L, Tap R beside L**

**[17-24] VINE R WITH TRIPLE STEP TURNING ¼ TO R, STEP FORWARD, PIVOT ½ TO R, SHUFFLE FORWARD (9:00)**

1-2,3&4	Step R, Step L behind R, Triple step R,L,R turning ¼ to R,
5-6,7&8	Step forward on L, Pivot ½ to R, Shuffle forward L,R,L (9:00)

**[25-32] ¼ TURNS TO L X 2 (3:00), JAZZ BOX WITH CROSS**

1-2-3-4 Step forward on R, Turn ¼ to L and shift weight to LF, Step forward on R, Turn ¼ to L and shift weight to LF (3:00)

5-6-7-8 Step R over L, Step back on L, Step R, Step L over R

**NOTE:** For dancers who want more Runnin' Around in this dance, in place of the last 4 counts, do two pivots for a full turn: Step forward on R, Pivot ½ over L shoulder, Repeat.

**RESTART: Restart dance after 16 counts on rotation 4. You will be acing 9:00.**

**TAG: On 7th full rotation (do not count the rotation with the restart), add the following Tag. You will be facing 9:00.**

1-2-3-4 Rocking chair: Rock forward on R, Recover on L, Rock back on R, Recover on L  
5-6-7-8 Jazz Box with Cross: Step R over L, Step back on L, Step R, Step L over R

**To finish the dance:** The music simply fades toward the end, so to end the dance facing 12:00, make wall 11, which begins facing 6:00, the final rotation and change the final jazz box to a turning jazz box stepping forward on the final count.

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