

# Work From Home

COPPER KNOB  
BY SHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Maryloo (FR) - November 2017  
音乐: Work from Home - Fifth Harmony



Intro : 16 counts

## S1: DIAGONALLY FORWARD : STEP, LOCK, STEP, LOCK, STEP ( R & L)

1-2            Step R diagonally forward, lock L behind R (popping R knee forward)  
3&4            Step R forward, lock L behind R, step R forward  
5-6            Step L diagonally forward, lock R behind L (popping L knee forward)  
7&8            Step L forward, lock R behind L, step L forward

## S2: CROSS MAMBO ( R & L), STEP, PIVOT ½ TURN TO L, SKATE (R & L)

1-2&            Cross R over L, recover on L, step R to side  
3-4&            Cross L over R, recover on R, step L to side  
5-6            Step R forward, pivot ½ turn to L ( weight on L) (6.00)  
7-8            Skate R forward, skate L forward

## S3: R CROSS ROCK , SAILOR ¼ TURN R, L CROSS ROCK, SAILOR ½ TURN L

1-2            Cross rock R over L, recover on L,  
3&4            Step R behind L, ¼ turn R and step L next to R, step R forward ( 9.00)  
5-6            Cross rock L over R, recover on R  
7&8            Step L behind R, ½ turn to L and step R next to L, step L forward ( 3.00)

## S4: R JUMP FORWARD, HOLD, L JUMP FORWARD, HOLD, JUMP FORWARD, JUMP BACKWARD, BALL-CROSS, UNWIND ½ TURN R

&1-2            Jump R forward, close L next to R, hold ( make a little bounce in the body)  
&3-4            Jump R forward, close L next to R, hold ( make a little bounce in the body)  
&5&6            Jump R forward, close L next to R, Jump R back, close L next to R  
&7-8            Step/ball R next to L ,cross L over R, Unwind ½ turn R ( weight on L) (3.00)

Restart 1 : During wall 4 ( that begins at 3.00) after 16 counts ( 9.00)

Restart 2 : During wall 8 ( that begins at 12.00) after 16 counts ( 6.00)

FINAL : During wall 13, make the 4 first counts , then make a step ½ turn to right (facing 12.00)

1-2            Step R diagonally forward , lock L behind R (popping R knee forward)  
3&4            Step R forward, lock L behind R, step R forward  
5-6            Step L forward , pivot ½ turn R ( weight on R) ( 12.00)

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