

The Flower Heart (花心) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Beginner
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Intro: 32 counts - No Tag ! No Restart !!

Sec 1: K STEP

1-4 Step RF fwd R diagonal - Touch LF beside RF - Step LF back L diagonal - Touch RF beside LF
5-8 Step RF back R diagonal - Touch LF beside RF - Step LF fwd L diagonal - Touch RF beside LF
1-4 右足右斜前踏 - 左足點於右足旁 - 左足左斜後踏 - 右足點於左足旁
5-8 右足右斜後踏 - 左足點於右足旁 - 左足左斜前踏 - 右足點於左足旁

Sec 2: VINE - TOUCH, VINE 1/4 L - TOUCH

1-4 Step RF to R - Step LF behind RF - Step RF to R - Touch LF beside RF
5-8 Step LF to L - Step RF behind LF - 1/4 turn L (9:00) step LF fwd - Touch RF beside LF
1-4 右足右踏 - 左足後跨 - 右足右踏 - 左足點於右足旁
5-8 左足左踏 - 右足後跨 - 左轉1/4 (9:00) 左足前踏 - 右足點於左足旁

Sec 3: CROSS - POINT (x4)

1-4 Cross RF over LF - Touch LF toe to L - Cross LF over RF - Touch RF toe to R
5-8 Cross RF behind LF - Touch LF toe to L - Cross LF behind RF - Touch RF toe to R
1-4 右足前跨 - 左足尖左點 - 左足前跨 - 右足尖右點
5-8 右足後跨 - 左足尖左點 - 左足後跨 - 右足尖右點

Sec 4: ROCKING CHAIR, FWD PIVOT 1/2 L - WALK - WALK

1-4 Rock RF fwd - Recover on LF - Rock RF back - Recover on LF
5-8 Step RF fwd - Pivot 1/2 turn L (3:00) weight on LF - Step RF fwd - Step LF fwd
1-4 右足前下沉 - 重心回左足 - 右足後下沉 - 重心回左足
5-8 右足前踏 - 向左踏轉 1/2 (3:00) 重心回左足 - 右足前踏 - 左足前踏

Have Fun & Happy Dancing !!!

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