

Nancy AB

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Laura Sway (UK) - November 2017
音乐: Nancy Mulligan - Ed Sheeran



Notes:- Start the dance after 8 counts, vocals should come in on the walks forward.

[1-8] Heel switches, x2 claps, heel switches, x2 claps.

1&2&3&4 Right heel forward, step on right, left heel forward, step on left, right heel forward, x2 claps.
&5&6&7&8 Step on right, left heel forward, step on left, right heel forward, step on right, left heel forward,
x2 claps.

[9-16] Walk forward L,R,L kick right, walk back R,L,R step on left.

1234 walk forward left, right, left, kick right foot forward.
5678 walk back right, left, right, step left beside right.

[17-24] two heel stomp, toe heel stomp, step right, ¼ turn left, stomp x2.

1&2 3&4 Touch right toe beside left, touch right heel beside right, stomp right in place. Repeat on the
left.
5678 step forward on the right, pivot ¼ left. Stomp right in place, stomp left in place.

[25-32] Two heel stomp, toe heel stomp, step right, ¼ turn left, stomp x2.

1&2 3&4 Touch right toe beside left, touch right heel beside right, stomp right in place. Repeat on the
left.
5678 step forward on the right, pivot ¼ left. Stomp right in place with a Clap! , stomp left in place.
With a clap!