

Who's Bad?

拍数: 48 墙数: 2 级数: Intermediate Cha Cha
编舞者: Nina Skyrud (NOR) - October 2017
音乐: Bad - Michael Jackson : (Album: Bad 25th Anniversary - 2012 Remaster)



Start the dance at the vocal

Notes: There is a Restart after 16 ½ counts on the 5th wall

#1st section: Step forward, Hip bumps, Sailor Step ¼ turn right, Extended Cross-Shuffle.

- 1-2-3 Step left foot forward (1), Touch right foot to the right side and bump right hip twice (2, 3).
4-&-5 Cross right foot behind left (4), Step left foot beside right turning ¼ turn right (&), Step right foot to the right side (5).
6-&-7-& Cross left foot over right (6), Step right foot to the right side (&), Cross left foot over right (7), Step right foot to the right side (&),
8-&-1 Cross left foot over right (8), Step right foot to the right side (&), Cross left foot over right (1). [4:30]

#2nd section: Rock-Recover, ½ Turn right with jambe ronde, Rock-Recover, Left Chasse.

- 2-3 Rock right foot forward (2), Recover onto left foot starting to turn right (3).
4-&-5 Turn ½ turn right making a jambe ronde cw in the air with the right foot (4, &), Step right foot down in front of left (5). [10:30]
6-7 Rock left foot forward (6), Recover onto right foot (7).
8-&-1 Step left foot to the left side turning 1/8 facing the front wall (8), Step right foot next to left (&), Step left foot to the left side (1). [12:00]

#3rd section: Back Cross-Recover, Right Chasse, Cross Rock-Recover, Side Rock-Recover, Cross Rock-Recover, Side.

- 2-3 Cross right foot behind left (2), Recover onto left foot (3).
4-&-5 Step right foot to the right side (4), Step left foot next to right (&), Step right foot to the right side (5).
6-&-7-& Cross left foot over right (6), Recover onto right (&), Step left foot to the side (7), Recover onto right (&),
8-&-1 Cross left foot over right (8), Recover onto right (&), Step left foot to the left side (1).

#4th section: Cross-Recover, Right Chasse, Cross-Recover, Left Chasse with ¼ turn left.

- 2-3 Cross right foot over left (2), Recover onto left foot (3).
4-&-5 Step right foot to the right side (4), Step left foot next to right (&), Step right foot to the right side (5).
6-7 Cross left foot over right foot (6), Recover onto right (7).
8-&-1 Step left foot to the left side (8), Step right foot next to left (&), Step left foot forward turning a ¼ turn left (1). [9:00]

#5th section Modified toe struts, Moon Walk Back, Coaster Step.

- 2-&-3 Touch right toe forward popping right knee with the toe still on the ground (2), Lower right heel and take weight onto the right foot lifting left heel (&), Touch left toe forward (3),
4-&-5 Lower left heel and take weight onto the left foot, Touch right toe forward popping right knee with the toe still on the ground (4), Lower right heel and take weight onto the right foot lifting left heel (&), Touch left toe forward (5).
6-7 Drag left toe backwards and lower left heel taking weight onto the left foot, at the same time lift right heel (6), Drag right toe backwards and lower right heel taking weight onto right foot, at the same time lift left heel (7).
8-&-1 Step left foot back (8), Step right next to left (&), Step left foot forward (1)

#6th section Step, ¼ turn left, Cross Shuffle, ¼ Monterey Turn left, Cross-Unwind ¼ turn left.

- 2-3 Step right foot forward (2), Turn $\frac{1}{4}$ turn left pushing weight onto left foot (3). [6:00]
- 4-&-5 Cross right over left (4), Step left to the left side (&), Cross right over left (5),
- 6-&-7 Point left toe to the left side (6), Turn $\frac{1}{4}$ turn left stepping left foot next to right (&), Point right toe to the right side (7). [3:00]
- 8-&-(1) Cross right foot over left (8), Unwind $\frac{3}{4}$ turn left (push weight onto right foot) (&), [18:00]. (Step left foot forward (1)).

Start again with the step forward being the first step in the routine.

Finish the dance facing the front wall at the end of the 4th section (8-&).
