

That Ceiling Feeling

COPPER KNOB
BY STEPHEN WELLS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Rachael McEnaney (USA) - October 2017
音乐: Dancing on the Ceiling - Nick Wells



Count In: 24 counts from start of track. Approx 133 bpm

Notes: Tag end of 5th wall (Repeat last 4 counts)

**** Special thank you to my friend Donna Stretton for suggesting this music.****

[1 – 8] R fwd, hold, ¼ pivot L, hold, R jazz box (end L cross)

1 2 3 4 Step forward R (1), hold as you snap fingers (2), pivot ¼ turn left (weight L) (3), hold as you snap fingers (4) 9.00
5 6 7 8 Cross R over L (5), step back L (6), step R to right side (7), cross L over R (8) 9.00

[9 – 16] R side rock, ¼ turn L, R shuffle, Walk L-R, L shuffle

1 2 3 & 4 Rock R right side (1), make ¼ turn left as you recover weight L (2), step forward R (3), step L next to R (&), step forward R (4) 6.00
5 6 7 & 8 Step forward L (5), step forward R (6), step forward L (7), step R next to L (&), step forward L (8)

Option: 'Raise The Roof' push arms up to L diagonal (5), push arms up to R diagonal (6), push arms straight up twice (7,8) 6.00

[17 – 24] R rocking chair, R fwd rock, ¼ turn R chasse

1 2 3 4 Rock forward R (1), recover weight L (2), rock back R (3), recover weight L (4) 6.00
5 6 7 & 8 Rock forward R (5), recover weight L (6), make ¼ turn right stepping R to right side (7), step L next to R (&), step R to right side (8) 9.00

[25 – 32] L cross, R side, L behind, ¼ turn R stepping fwd R, L heel, L close, R heel, R close, L touch, L step, R touch

1 2 3 4 Cross L over R (1), step R to right side (2), cross L behind R (3), make ¼ turn right stepping forward R (4) 12.00
5 & 6 Touch L heel forward (5), step L next to R (&), touch R heel forward (6) 12.00
& 7 & 8 Step R next to L (&), touch L next to R (7) step L in place (&), touch R next to L (8)

[33 – 40] 'Syncopated chasse' – R side, hold, L close, R side, ¼ turn R touching L, L side, hold, R close, L side, R close with L leg raise/swing

1 2 & 3 4 Step R to right side (1), hold (2), step L next to R (&), step R to right side (3), make ¼ turn right touching L next to R (4) 3.00
5 6 & 7 8 Step L to left side (5), hold (6), step R next to L (&), step L to left side (7), step R next to L as you swing L leg out to left side (8) 3.00

[41 – 48] L cross, ¼ turn left stepping back R, ¼ turn L chasse, R cross, L side, R behind, L point

1 2 Cross L over R (1), make ¼ turn left stepping back R (2), 12.00
3 & 4 Make ¼ turn left stepping L to left side (3), step R next to L (&), step L to left side (4) 9.00
5 6 7 8 Cross R over L (5), step L to left side (6), cross R behind L (7), point L to left side (8) 9.00

[49 – 56] L cross, R point, R cross, L point, L heel grind with ¼ turn L stepping back R, L coaster step

1 2 Cross L over R (1), point R to right side (2), 9.00
3 4 Cross R over L (3), point L to left side (4) 9.00
5 6 Cross L heel over R (5), make ¼ turn left grinding L heel into floor as you step back R (6) 6.00
7 & 8 Step back L (7), step R next to L (&), step forward L (8) 6.00

[57 – 64] R diagonal fwd, L touch, L diagonal fwd, R touch, (or pony step). Moving back slightly – ‘out-out’ ‘in-in’, ‘out-out’ ‘in-in’ (or easy alternative)

1 2 Step R forward to right diagonal (1), touch L next to R (2) 6.00

3 4 Step L forward to left diagonal (3), touch R next to L (4) 6.00

& 5 & 6 Step R to right side & slightly back (&), step L to left side (5), step slightly back R (&), step L next to R (6) -6.00

& 7 & 8 Step R to right side & slightly back (&), step L to left side (7), step slightly back R (&), step L next to R (8) -6.00

TAG: The 5th wall begins facing 12.00 and ends facing 6.00 – Repeat the last 4 counts of the dance then start again.

& 1 & 2 Step R to right side & slightly back (&), step L to left side (1), step slightly back R (&), step L next to R (2) 6.00

& 3 & 4 Step R to right side & slightly back (&), step L to left side (3), step slightly back R (&), step L next to R (4) 6.00

START AGAIN

HAPPY DANCING

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