

Who's In UR Heart

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Betty Lee (CAN) - November 2017
音乐: My Heart Has Only You (我的心裡只有你没有他) - Feng Fei Fei (鳳飛飛)



Start on lyric " Ni "

S1: CROSS ROCK, SIDE ROCK, BEHIND-SIDE-CROSS, SIDE, BEHIND/SWEEP

1-4 Cross R over L, Recover on L, Rock step R to R, Recover on L
5&6 Step R behind L, Step L to L, Cross R over L
7-8 Step L to L, Step R behind L sweeping L from front to back

S2: BEHIND, 1/4R, L LOCK STEPS, R LOCK STEPS, FORWARD ROCK

1-2 Step L behind R, ¼ turn R Stepping R forward (3:00)
3&4 Step L fwd, Lock step R behind L, Step L fwd
5&6 Step R fwd, Lock step L behind R, Step R fwd
7-8 Rock step L fwd, Recover on R

S3: TOUCH BEHIND, UNWIND ½ L, R LOCK STEPS, 1/2, 1/2, FORWARD ROCK

1-2 Touch L toes behind R, Unwind ½ turn L (wt. onto L) (9:00)
3&4 Step R fwd, Lock Step L behind R, Step R fwd
5-6 ½ turn R Stepping back on L, ½ turn R Stepping Fwd on R (9:00)
7-8 Rock Step L fwd, Recover on R

S4: SWAY L-R, SAILOR STEP, BEHIND, ¼ L, STEP, PIVOT ¼ L

1-2 Step L to L swaying hips to L, Sway hips to R
3&4 Step L behind R, Step R to R, Step L to L
5-8 Step R behind L, ¼ turn L Stepping L fwd, Step fwd R, Pivot ¼ turn L (wt. onto L) (3:00)

REPEAT

Tag: At the end of W3, facing 9:00, end of W6, facing 6:00

TS1: FORWARD ROCK, SHUFFLE BACK, BACK ROCK, SHUFFLE FORWARD

1-2 Rock Step R fwd, Recover on L
3&4 Step Back R, Step Together L, Step Back R
5-6 Rock Step Back L, Recover on R
7&8 Step fwd L, Step Together R, Step fwd L

TS2: CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE

1-2 Cross Step R Over L, Recover on L
3&4 Step R to R, Step Together L, Step R to R
5-6 Cross Step L Over R, Recover on R
7&8 Step L to L, Step Together R, Step L to L