

The Older I Get

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Improver
编舞者: Jeff Thomas (UK) - November 2017
音乐: The Older I Get - Alan Jackson



Start on lyrics - NO Tags OR Restarts

R rocking chair , step 1/4 turn , cross shuffle

1 2 Rock right foot forward then recover taking weight on left foot
3 4 Rock right foot back then recover taking weight on left foot
5 6 Step right foot forward then turn 1/4 turn to the left
7 & 8 Cross Right over Left then bring left foot next to right then cross Right over Left

Side touch , side touch , step 1/4 turn , cross shuffle

1 2 Step Left to Left side then touch Right against Left
3 4 Step Right to Right side then touch Left against Right
5 6 Step Left foot forward then turn 1/4 turn to the right
7 & 8 Cross Left over Right then bring right foot next to left then cross Left over Right

Step R , 1/4 turn step back , back shuffle , rock recover , forward shuffle

1 2 Step right foot to the right then turning 1/4 turn left step left foot back
3 & 4 Step Right foot back, Left against Right, then Right foot back
5 6 Rock left foot back then recover taking weight on right foot
7 & 8 Step left foot forward, right behind left then left foot forward

Jazz box , heel step , heel step

1 2 Step Right over Left, step Left back
3 4 Step Right next to Left then step Left slightly in front of Right
5 & 6 Touch Right heel forward then step Right foot back next to Left
7 & 8 Touch Left heel forward then step Left foot back next to Right

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