

Palisades Park

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Hiroko Carlsson (AUS) - November 2017
音乐: Palisades Park - Freddy Cannon : (iTunes)



(Intro 16 Count /Start on Vocals)

[S1] Fwd, Fwd, Scuff, Jazz Box w/ Scuff

1 2 3 Step R fwd, Step L fwd, Scuff R
4 5 6 Cross R over L, Step L back, Step R to right side
7 8 Step L fwd, Scuff R (12:00)

[S2] 1/4 Jazz Box, Rock Fwd-Recover, Side, Hold

1 2 Cross R over L, Stepping back on L make a 1/4 turn right
3 4 Step R to right side, Step L fwd
5 6 Rock/step R fwd, Recover weight on L
7 8 Step R to right side, Hold** (3:00)

[S3] Cross Rock-Recover, 1/4L Fwd, 1/4L Scuff, Side, Together, Heels Fan Out-In

1 2 Rock/cross L over R, Recover weight on L
3 4 Make a 1/4 turn left stepping L fwd, Turning further 1/4L scuff R to right side
5 6 Step R to right side, Step L together
7 8 Both heels swing out, Bring heels to centre (9:00)

[S4] Fwd, Fwd, Fwd w/ Hook Behind, Run Back LRL, Rock Back-Recover

1 2 3 4 Walk R (1)-Walk L (2)-Walk R (3), Hook L behind R (4)
5&6 Run back L-R-L
7 8 Rock/step R back, Recover weight on L (9:00)

Restart on Wall 7 count 16** (9:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Updated: 6/Nov/17)