

Got A Secret!

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Ann-Kristin Sandberg (NOR) - November 2017
音乐: Secrets - P!nk : (iTunes)



INTRO: 32 Counts

POINT & TWIST-COASTER STEP-ROCK RECOVER-1/4 TURN L INTO A CROSS SHUFFLE-SIDE STEP

1&2 Point R toe forw, Twist heel to R side, Twist heel back to center
3&4 Step R Back, Step L next to R, Step R forw
5-6& Step L forw, Recover onto R, ¼ turn L stepping L to L side (F 09)
7&8& Cross R over L, Step L to L side, Cross R over L, Step L to L side

CROSS-SIDE-SAILOR STEP-BEHIND-SIDE-STEP-PIVOT ¼ TURN R-PIVOT ¼ TURN L WITH FLICK

1-2 Cross R over L, Step L to L side
3&4 Cross R behind L, Step L to L side, Step R to R side
5&6 Cross L behind R, Step R to R side, Step L forw
7-8 Pivot ¼ turn R (F 12), Pivot ¼ turn L & flick R at same time (F 09)

ROCK RECOVER-1/2 TURN R INTO SHUFFLE-1/2 TURN R-1/2 TURN R-SHUFFLE

1-2 Step R forw, Recover onto L
3&4 ½ turn R stepping R forw, Step L next to R, Step R forw (F 03)
5-6 ½ turn R stepping L back, ½ turn R stepping R forw (F 03)
7&8 Step L forw, Step R next to L, Step L forw

ROCK RECOVER-TOGETHER-ROCK RECOVER-TOGETHER-1/2 PADDLE TURN L-FLICK

1-2& Step R forw, Recover onto L, Step R next to L
3-4& Step L forw, Recover onto R, Step L next to R
5-6 Point R out to R side, ¼ turn L pointing R out to R side (F 12)
7-8 ¼ turn L pointing R out to R side (F 09), Flick R foot

WALL 10 : Dance the first 16 counts.(F 09)

TAG: (F 06) 4 counts :

1-2 Step R forw, recover onto L
3-4 Step R back, recover onto L
& Restart the dance.

ENJOY & HAPPY DANCING!

Last Update - 6th Nov. 2017