

Deck The Rooftop (聖誕屋頂樂) (zh)

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Improver
编舞者: Molly Yeoh (MY) & Nina Chen (TW) - 2017年11月
音乐: Deck the Rooftop (Glee Cast Version) - Glee Cast



Intro: 16 counts

Sec 1: KICK BALL CHANGE - RECOVER, CHASSE L, CHARLESTON

- 1&2&, 3&4 Kick RF fwd - Step RF beside LF - Ball step LF behind RF - Recover on RF, Step LF to L - Step RF beside LF - Step LF to L
- 5-8 Fwd touch RF bit diagonal to L - Step RF back - Touch LF back - Step LF beside RF
- 1&2&, 3&4 右足前踢 - 右足回踏左足旁 - 左足墊踏於右足後 - 重心回右足, 左足左踏 - 右足併踏左足旁 - 左足左踏
- 5-8 右足微斜左前點 - 右足後踏 - 左足後點 - 左足併踏右足旁

Sec 2: CROSS SHUFFLE, 1/4 L FWD SHUFFLE, SIDE TOUCH - 1/4 L FLICK - SIDE TOUCH - 1/4 L FLICK, CROSS SHUFFLE

- 1&2, 3&4 Cross RF over LF - Step LF to L - Cross RF over LF, 1/4 turn L (9:00) fwd shuffle (L R L)
- 5&6&, 7&8 Touch RF to R - Flick RF to R - 1/4 L (6:00) touch RF to R - Flick RF to R, Cross RF over LF - Step LF to L - Cross RF over LF
- 1&2, 3&4 右足前跨 - 左足併踏右足旁 - 右足前跨, 左轉1/4 (9:00) 前交換步 (左 右 左)
- 5&6&, 7&8 右足右點 - 右足向右輕彈 - 左轉1/4 (6:00) 右足右點 - 右足向右輕彈, 右足前跨 - 左足左踏 - 右足前跨

Sec 3: FWD - TOUCH - BACK - KICK, BEHIND - SIDE - CROSS (X2)

- 1&2&, 3&4 Step LF fwd - Touch RF behind LF - Step RF back - Kick LF fwd, Step LF behind RF - Step RF to R - Cross LF over RF
- 5&6&, 7&8 Step RF fwd - Touch LF behind RF - Step LF back - Kick RF fwd, Step RF behind LF - Step LF to L - Cross RF over LF
- 1&2&, 3&4 左足前踏 - 右足尖點於左足後 - 右足後踏 - 左足前踢, 左足後跨 - 右足右踏 - 左足前跨
- 5&6&, 7&8 右足前踏 - 左足尖點於右足後 - 左足後踏 - 右足前踢, 右足後跨 - 左足左踏 - 右足前跨

Sec 4: WALK WALK 1/4 L, RUN RUN RUN 1/2 L, TOE - HEEL - CROSS (x2)

- 1-2, 3&4 Walk step on (L R) 1/4 turn L (3:00), Run step on (L R L) 1/2 turn L (9:00)
- 5&6, 7&8 Touch RF toe beside LF - Touch RF heel diagonal fwd - Cross RF over LF, Touch LF toe beside RF - Touch LF heel diagonal fwd - Cross LF over RF
- 1-2, 3&4 左足前走步 - 左轉1/4 (3:00) 右足前走步, 小跑步 (左 右 左) 左轉1/2 (9:00)
- 5&6, 7&8 右足尖點於左足旁 - 右足跟斜前點 - 右足前跨, 左足尖點於右足旁 - 左足跟斜前點 - 左足前跨

Tag: (4 counts) After wall 5 (9:00)

TWIST (HIPS BUMP)

- 1&2, 3&4 Twist or Bump hips (R L R) (L R L)
- 1&2,3&4 扭扭舞步或推臀 (右 左 右) (左右左)

Have Fun & Happy Dancing !!!

Contacts:-

Nina Chen : nina.teach.dance@gmail.com

Molly Yeoh: suanyeah@hotmail.com