

# You Are Forever In My Heart

**COPPER** KNOB  
BY STEPHEN

拍数: 32      墙数: 2      级数: Absolute Beginner  
编舞者: Nina Chen (TW) - November 2017  
音乐: You Are Forever In My Heart - Liu Ai Ling



**Intro: 32 counts - No Tag ! No Restart !!**

**Sec 1: ROCKING CHAIR, SIDE - TOGETHER, R CHASSE**

1-4              Rock RF fwd - Recover on LF - Rock RF back - Recover on LF  
5-6, 7&8        Step RF to R - Step LF beside RF, Step RF to R - Step LF beside RF - Step RF to R

**Sec 2: ROCKING CHAIR, SIDE - TOGETHER, L CHASSE**

1-4              Rock LF fwd - Recover on RF - Rock LF back - Recover on RF  
5-6, 7&8        Step LF to L - Step RF beside LF, Step LF to L - Step RF beside LF - Step LF to L

**Sec 3: ROCK FWD - RECOVER, BACK SHUFFLE, ROCK BACK - RECOVER, FWD SHUFFLE**

1-2, 3&4        Rock RF fwd - Recover on LF, Step RF back - Cross LF over RF - Step RF back  
5-6, 7&8        Rock LF back - Recover on RF, Step LF fwd - Step RF beside LF - Step LF fwd

**Sec 4: SIDE ROCK - RECOVER, CHA CHA CHA, ROCK FWD - RECOVER, FWD SHUFFLE 1/2 L**

1-2, 3&4        Rock RF to R - Recover on LF, Step RF beside LF - Step LF in place - Step RF in place  
5-6, 7&8        Rock LF fwd - Recover on RF, 1/4 turn L (9:00) step LF fwd - Step RF beside LF - 1/4 turn L (6:00) step LF fwd

**Have Fun & Happy Dancing !!!**

Contact Nina Chen : [nina.teach.dance@gmail.com](mailto:nina.teach.dance@gmail.com)