

Rockin' The Cha

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Kay Amburn (USA) - November 2017
音乐: Beachin' - Jake Owen
或: Any Cha Rhythm



Begin on Lyrics

1-2 Cross Left foot in front of Right, Recover weight to Right foot
3&4 Step Left foot to the Left side, Step Right foot next to Left, Step Left foot to Left side
5-6 Cross Right foot over Left, Recover weight to Left foot
7&8 Step Right foot to Right side, Step Left foot next to Right, Step Right foot to Right side

1-2 Rock forward on Left foot, Recover weight to Right foot
3&4 Step back on Left foot, Step back on Right foot next to Left, Step back on Left foot
5-6 Rock back on Right foot, Recover weight to Left foot
7&8 Step forward on Right foot, Step Left foot next to Right, Step forward on Right foot

1-2 Walk forward on Left foot, walk forward on Right foot
3&4 Step forward on Left foot, Step Right foot next to Left, Step forward on Left foot
5-6 Rock forward on Right foot, Recover weight to Left, Turn 1/4 turn to Right over Right shoulder
7&8 Step Right foot to Right side, Step Left foot next to Right, Step Right foot to Right side

1-2 Step forward on Left foot, Turn quarter pivot to Right over Right shoulder
3&4 Cross Left foot in front of Right, Step Right foot to Right side, Cross Left foot in front of Right
5-6 Rock on Right foot to Right side, Recover weight to Left foot
7&8 Step Right foot behind Left, Step Left foot to Left side, Recover weight to Right foot

Begin again

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