

# I Lived It

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Corinne DELY (FR) - November 2017  
音乐: I Lived It - Blake Shelton



Intro : 16 counts

**Mambo R , Triple step Back L ,sailor step 1/4 turn R , Cross rock L , Recover , Side step L**

1&2      Rock forward R(1) , Recover L (&), Step back R(2)  
3&4      Triple Step back , : step back on L(3),step R beside L (&)Ste back on L (4)  
4&5      1/4 turn on R, Step R behind L(4), Step L beside R (&), Step forward on R (3:00)  
7&8      Rock Step L over R (7), Recover on R(&), Step L on L (8)

**Cross, Side , Cross,R, Scissor step L , Rock forward , 1/2 turn L, Step Forward , Step turn 1/2**

1&2      Cross R over L(1),L beside R , Cross R over L  
3&4      Step L on L , R step beside L , Cross L over R  
5&6      Rock forward R , Recover on L , 1/2 turn R step forward ( 9:00)  
7-8      Step forward L , step turn 1/2 R , weight on R (3:00)

**Shuffle step L , Step turn 1/2 L , 1/4 turn L , side R , Weave , Twist turn**

1&2      Shuffle forward L, R, L  
3&4      Step forward R , step turn 1/2 L , 1/4 turn L , side step R to R (6:00)  
5&6&      Cross L behind R , R to the Right , Cross L over R , R to the right  
7-8      Cross L behind R ,turn 3/4 L on place ( 9:00)

**Kick ball cross R, triple back step , Triple step back R with 1/4 turn L , 1/4 turn L Step side L , Together , step forward L , 1/2 turn R , 1/2 turn L**

1&2      Kick R forward , R beside L, Cross L over R  
3&4      1/4 turn L ( 6:00) shuffle back L,R, L  
5&6      1/4 turn L , L to the left, R beside L, Step Forward L(3:00)  
7-8      On place 1/2 turn R à droite( 9:00) , 1/2 turn L (3:00)

**Tag 4 counts at the end 1 wall (restart face to 3:00) and at the end wall 4 ( Restart face to 12)**

**Side step R , Sailor step 3/4 turn L, Spirale**

1.      Step side R  
2&3      Cross L behind R ,3/4 turn to L, R beside L, step forward L  
4      Spiral turn 3/4 to R , finish R cross over L le

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