

# You Hate Me

拍数: 64      墙数: 0      级数: Phrased Intermediate  
编舞者: Claudia Finkemeier (DE) - October 2017  
音乐: I Help You Hate Me - Sunrise Avenue



A = 32 count B = 32 count Dance AA- BB- AA- BBB  
Intro 32 count

## Part A: 32 counts

### Section A1: Rock back LF, Shuffle fwd. L, ½ Turn L, triple ½ Turn L

1 -2            Rock back LF, recover on RF  
3 &4            Step LF fwd step RF beside LF step LF fwd  
5 -6            Step RF fwd ½ turn L  
7 &8            Triple ½ turn L (R.L.R)

### Section A2: Rock back L, cross Shuffle, side rock R, behind side cross

1 -2            Rock back LF, recover on RF  
3 &4            Cross LF over RF step RF to R cross LF over RF  
5 -6            Rock RF to R, recover on LF  
7 &8            Cross RF behind LF step LF to L cross RF over LF

### Section A3: Heel grind ¼ Turn L, Coaster step L, Walk R -L, Sailor step R

1 -2            Touch L Heel fwd ¼ turn on Heel L  
3 &4            Step LF back step RF beside LF step LF fwd  
5 -6            Step RF fwd, step LF fwd  
7 &8            Cross RF behind LF step LF to L step RF to R

### Section A4: Jazzbox ¼ Turn L 2x

1 -2            Cross LF over RF ¼ turn L step back RF  
3 -4            Step LF beside RF, step RF fwd  
5 -8            Repeat count 1 -4

## Part B: 32 counts

### Section B1: Heel switches, Heel tabs L &R

1 &2 &            Touch L Heel fwd, LF beside RF, touch R Heel fwd, RF beside LF  
3 -4 &            Touch L Heel fwd 2x, LF beside RF  
5 &6 &            Touch R Heel fwd, RF beside LF, touch L Heel fwd, LF beside RF  
7 -8            Touch R Heel fwd 2x, RF beside LF

### Section B2: Side rock, Kick ball cross 2x

1 -2            Rock RF to R recover on LF  
3 &4            Kick RF fwd, step RF on balls to R, cross LF over RF  
5 -6            Rock RF to R recover on LF  
7 &8            Kick RF fwd, step RF on balls to R, cross LF over RF

### Section B3: Side rock R, behind side cross, 2x ½ Turn R

1 -2            Rock RF to R, recover on LF  
3 &4            Cross RF behind LF, step LF to L, cross RF over LF  
5 -6            Step LF fwd ½ turn R  
7 -8            Step LF fwd ½ turn R

### Section B4: Kick & point 2x, Sailor step L, Sailor ¼ Turn R

1 &2            Kick LF fwd, step LF beside RF, point R Toe to R

3 &4            Kick RF fwd, step RF beside LF, point L Toe to L  
5 &6            Cross LF behind RF, step RF to R, step LF to L  
7 &8            Cross RF behind LF with ¼ turn R, step LF on place, step RF fwd  
**(Ending the 3rd B Part with Sailor step L and Sailor step R)**

**Have fun !**

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