

Trompeta

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Gary O'Reilly (IRE), Guillaume Richard (FR) & Niels Poulsen (DK) - October 2017
音乐: Trompeta - Tom Boxer & Morena : (iTunes)



Intro: Start after 32 counts (app. 8 secs into track).

****2 Restarts: 1st and 2nd Restarts are identical: They happen on walls 2 and 5, after 32 counts. Change counts 31&32 to a shuffle ½ L to restart the dance facing the back wall**

Tag: After 3rd wall, facing 12:00. Your tag is the first 4 counts of the dance. Restart after the tag

[1 – 8] Kick R, back R, look, recover L, ¼ L chasse, L back rock

1 – 2 Kick R fwd (1), step R back (2) 12:00
3 – 4 Turn upper-body R and look to the R side snapping R fingers to R side (3), recover on L (4) 12:00
5&6 Turn ¼ L stepping R to R side (5), step L next to R (&), step R to R side (6) 9:00
7 – 8 Rock back on L (7), recover fwd to R (8) 9:00

[9 – 16] Side L, HOLD, ball side, brush, cross back, & cross shuffle

1 – 2 Step L to L side (1), HOLD (2) 9:00
&3 – 4 Step R next to L (&), step L to L side (3), brush R fwd (4) 9:00
5 – 6 Cross R over L (5), step back on L (6) 9:00
&7&8 Step R to R side (&), cross L over R (7), step R to R side (&), cross L over R (8) 9:00

[17 – 24] Side R, HOLD, ½ L side L, HOLD, cross, back, R chasse

1 – 2 Step R to R side (1), HOLD (2) 9:00
3 – 4 Turn ½ L stepping L out to L side (3), HOLD (4) 3:00
5 – 6 Cross R over L (5), step back on L (6) 3:00
7&8 Step R to R side (7), step L next to R (&), step R to R side (8) 3:00

[25 – 32] Fwd L, R point, fwd R, L point, L rolling vine into L chasse

1 – 2 Step L fwd (1), point R to R side (2) ... 3:00
3 – 4 Step R fwd (3), point L to L side (4) 3:00
5 – 6 Turn ¼ L stepping L fwd (5), turn ½ L stepping R back (6) 6:00
7&8 Turn ¼ L stepping L to L side (7), step R next to L (&), step L to L side (8) 3:00

[33 – 40] R samba step, L samba step, R heel grind ¼ R, R back rock

1&2 Cross R over L (1), rock L to L side (&), recover on R (2) 3:00
3&4 Cross L over R (3), rock R to R side (&), recover on L (4) 3:00
5 – 6 Cross R heel over L (5), grind ¼ R on R stepping back on L (6) 6:00
7 – 8 Rock back on R (7), recover fwd onto L (8) 6:00

[41 – 48] R kick ball point, L&R hip bump, L sailor step, behind side cross

1&2 Kick R fwd (1), step R next to L (&), point L to L side (2) 6:00
3 – 4 Step onto L bumping hips to L side (3), recover onto R bumping hips to R side (4) 6:00
5&6 Cross L behind R (5), step R to R side (&), step L to L side (6) 6:00
7&8 Cross R behind L (7), step L to L side (&), cross R over L (8) 6:00

[49 – 56] L&R syncopated side rocks, R sailor ¼ R fwd, L shuffle fwd

1 – 2 Rock L to L side (1), recover onto R (2) 6:00
&3 – 4 Step L next to R (&), rock R to R side (3), recover onto L (4) 6:00

5&6 Cross R behind L (5), turn $\frac{1}{4}$ R stepping L next to R (&), step R fwd (6) 9:00
7&8 Step L fwd (7), step R behind L (&), step L fwd (8) 9:00

[57 – 64] $\frac{1}{2}$ L chug turn, swivet, $\frac{1}{4}$ R with L hitch, R back rock

1 – 3 Turn $\frac{1}{8}$ L pushing R to R side (like a touch but stronger) (1), repeat (2), repeat with $\frac{1}{4}$ L (3) 3:00
4 – 5 On ball of R and heel of L swivet both heels R (4), recover to centre with weight on L (5) 3:00
6 – 8 Turn $\frac{1}{4}$ R on L foot hitching R knee (6), rock back on R (7), recover fwd onto L (8) 6:00

START AGAIN!

Ending Dance finishes on wall 8. Do up to count 30, then change counts 31&32 to a $\frac{1}{2}$ shuffle L and spin $\frac{1}{2}$ L on your L foot stepping R next to L 12:00

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