

Nothing Ever Hurt Like You - Easy

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Emma Skov Støttrup Mainz (DK) & Lene Mainz Pedersen (DK) - October 2017
音乐: Nothing Ever Hurt Like You - James Morrison



Intro: 40 counts from first beat in music (app. 20 sec. into track)

[1 - 9] WALK R – L – R, LOCK STEP, ROCK, RECOVER, CHASSE 1/4 R

1 – 3 Walk fw R – L – R
4&5 Step L fw, Lock R behind L, Step L fw
6 – 7 Rock R fw, Recover on L
8&1 Turn ¼ R Step R to R side, Step L beside R, Step R to R side (3:00)

[10 - 16] HOLD, BALL STEP, CROSS, POINT R, POINT L, STEP 1/2 TURN

2-&3 - 4 HOLD, Step L beside R, Step R to R side, Cross L in front of R
5&6& Point R to R side, Step R beside L, Point L to L side, Step L beside R
7 – 8 Step fw on R, Turn ½ L Step L fw (9:00) *** Restart

[17 – 24] PADDLE 1/4 TURN L X 4

1 – 2 Point R Toe fw and make a anti clockwise paddle turn ¼ L , Step down on L (6:00)
3 – 4 Point R Toe fw and make a anti clockwise paddle turn ¼ L , Step down on L (3:00)
5 – 6 Point R Toe fw and make a anti clockwise paddle turn ¼ L , Step down on L (12:00)
7 – 8 Point R Toe fw and make a anti clockwise paddle turn ¼ L , Step down on L (9:00)

[25 – 32] KICK, POINT BACK, SIT & LOOK BACK, RAISE ON L, SIT & LOOK BACK, RAISE ON L, KICK BALL CHANGE

1 – 2 Kick R foot fw, Point R foot back
3 – 4 While you sit down you look over your R shoulder (weight on R foot & knees bend), Raise up
recover on L look fw
5 – 6 While you sit down you look over your R shoulder (weight on R foot & knees bend), Raise up
recover on L look fw
7&8 Kick R foot fw, step R beside L, Step L beside R

Restart: Wall 4 & 8 (starts 3:00) Restart after 16 Counts (12:00)

Ending: After Wall 14 (ends 6:00) Step R fw, Turn 1/2 L – stay on R foot & raise your hands – tadaaaaaa □

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