That's My Girl



拍数: 96 墙数: 1 级数: Phrased Easy Intermediate

编舞者: Wendy Loh (MY) - July 2017 音乐: That's My Girl - Fifth Harmony



Dance Start from beginning

Sequence: Intro AB Tag1, AB, A(counts A5-A8) Tag2, BB Ending

Intro (16 counts)

| 123456 | Step RF to Right with tab Right Heel 6 | 6 times and throwing Right hand to R side 6 times |
|--------|--|---|
| | | |

7 8 Tab Right Heel 2 times with pull Right hand down from up

1 2 3 4 Bump Hip to Right, Left, Right, Left

5 6 7 8 Step RF Forward, Pivot 1/2L Turn, Step RF Forward, Pivot 1/2L Turn

PART A (64 counts)

Section A1: Kick Ball Touch, Hip Roll, Forward Shuffle, Forward Mambo

1 &2 3 4 Kick RF Forward, Step RF in place, Touch LF Forward, Hip Roll anti-clockwise 5 &6 7 &8 Forward Shuffle on LF,RF,LF, Step RF Forward Recover on LF, Step RF next to LF

Section A2: Side Mambo, Forward & Back Mambo Step

| 1 &2 | Step LF to L, Recover on RF, Step LF next to RF |
|------|---|
| 3 &4 | Step RF to R, Recover on LF, Step RF next to LF |
| 5 &6 | Step LF Forward, Recover on RF, Step LF next to RF |
| 7 &8 | Step RF Backward, Recover on LF, Step RF next to LF |

Section A3: Rock Recover 1/2Turn, Kick Ball Touch 2x, Right Hip Bump

| 1 & 2 | Rock LF Forward, Recover on RF, 1/2L Turn step LF forward |
|-------|---|
| 3 & 4 | Kick RF Forward, Step RF on ball, Touch LF to L |
| 5 & 6 | Kick LF Forward, Step LF on ball, Touch RF to R |
| 7 & 8 | Bump Hip to Right twice (Sit Pose – weight on R) |

Section A4: Vine to Left, Vine to Right

| 1234 | Step LF to L, Cross RF over LF, Step LF to L, Sit pose to Left side (Weight on Left) |
|------|--|
| 5678 | Step RF to R, Cross LF over RF, Step RF to R, Sit pose to Right side (weight on Right) |

Section A5: Slow hand and body Movement

| 1234 | Facing 3:00 | with Right hand | slowly up, |
|------|-------------|-----------------|------------|
|------|-------------|-----------------|------------|

5 6 7 8 Touch RF Forward, body bend over, slowly stroked up tight with right hand

Section A6: ½ Left Turn, Step RF to R, Hold, Walk ¾ Left Turn with Shimmy

| 1234 | 1/2L Turn with Ste | p RF to R(1 | l), Hold 3 counts(9 | 9:00) – Straight Up Right Hand |
|------|--------------------|-------------|---------------------|--------------------------------|
| | | | | |

5 6 7 8 Walk on RF,LF,RF,LF 3/4L Turn (12:00)

Section A7: Heel Step

| 1&2&3&4& | Heel Step on RF.LF.RF,LF 1/4L Turn (9:00) |
|----------|---|
| 5&6&7&8& | Heel Step on RF.LF.RF,LF 1/4L Turn (6:00) |

Section A8: Heel Step

| 1&2&3&4& | Heel & Step on RF.LF.RF,LF 1/4L Turn (3:00) |
|----------|--|
| 5&6&7&8& | Heel & Step on RF.LF.RF.LF 1/4L Turn (12:00) |

PART B (32 counts) Chorus (That's my girl)

Section B1: Heel Tap On RF 8x with Hand Movement

1 2 3 4 Step RF to R with Heel Tap 4x (Punch Right Fist Up 4x) 5 6 7 8 Heel Tap 4x (Punch Right Fist to Right, Up, Right, Up)

Section B2: Repeat Section B1
Or change opposite side to Left Side

Section B3: Body Bend Forward & Up, Point Finger to L & R, Open Both Hands

1 2 Bend Body Forward & Up (both hands stroked up)

3 4 Point Right Finger to Left Side, Hold
5 6 Point Left Finger to Right Side, Hold
7 8 Open Both Hands to Side, Hold

Section B4: Straight Up Right Hand, Hold, Slowly Down Right Hand, Jump Together

1 2 3 4 Straight Up Right Hand (1), Hold 3 counts

5 6 7 8 Slowly pull down Right Hand with 3 counts, Jump both feet together (8)

TAG 1 (8 counts) - Pivot ½ Turn, Modern Jazz Box

1 2 3 4 Step RF Forward, Pivot 1/2L Turn, Step RF Forward, Pivot 1/2L Turn
5 6 7 8 Cross RF over LF, Cross LF Over RF, Step RF Back, Step LF next to RF

TAG 2 (2 counts) – Straightly 1/2L Turn with Stomp on RF, LF (12:00) Happen after 3rd set A (secA5-A8) will facing 6:00, straightly ½ Turn with Stomp on RF, LF

Ending (16 counts) same with Intro (16 counts)

~~~ Enjoy! ~~~

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