

Marcia's Sailor

拍数: 32 墙数: 4 级数: Improver
编舞者: Debra Ciavarella (AUS) - October 2017
音乐: Sailor - Petula Clark : (Album: The Hits of 1961 - iTunes - 2:59)



INTRO: 16 Counts in on Vocals.

Feet Together Weight on Right, Clockwise, No Tags or Restarts. Ending

SEC. 1: L SAILOR, R SWAY L SWAY, R ¼ TURN SAILOR, L SWAY R SWAY.

1&2 L Behind R, R to the Side, L Beside R,
3-4 R Sway, L Sway,
5&6 R Behind L ¼ turn R, L to the Side, R Beside L, (3.00)
7-8 L Sway, R Sway,

SEC. 2: L FWD HOOK ½ PIVOT R, R FWD SHUFFLE, L FWD ROCK, L COASTER STEP.

1-2 Step L Forward, Hook R in Front of L Turning ½ R, (9.00)
3&4 R Shuffle Forward R L R,
5-6 L Rock Forward, Recover on R,
7&8 L Back R Together L Forward,

SEC. 3: R SIDE ROCK, R SAILOR, L STEP FWD, R POINT, R KICK BALL CHANGE.

1-2 R Side Rock, Recover L,
3&4 R Behind L, L to the Side, R Beside L,
5-6 L Step Forward, R Point to the Side,
7&8 R Kick Forward, Step R Together, Step L Beside R

SEC. 4: PIVOT ½ L, R ANCHOR STEP, L FWD R POINT, R BACK L TOUCH.

1-2 Step Forward on R ½ Pivot L, (3.00)
3&4 R Forward, L Back, R Forward,
5-6 Step L Forward, R Point to the R Side,
7-8 Step Back on R, Touch L Beside R,

ENDING: At the end of Wall 8 you are facing 12.00 (L Sailor, Sway R L, R Sailor Sway L, R)

This dance was requested by my lovely friend Marcia Schwegler, who attends my classes! Enjoy!!

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