

Broke

拍数: 32 墙数: 4 级数: Improver
编舞者: Stella Kim (KOR) - October 2017
音乐: Broke (feat. Stevie Wonder & Keith Urban) - Jason Derulo



Intro: 16 counts

SEC 1: DIAGONAL FORWARD, TOUCH WITH CLAP, (DIAGONAL FORWARD, TOUCH) X2, SIDE POINT, 1/4 R WITH SIDE POINT. JAZZ BOX

1-2 RF diagonal forward, LF touch beside RF with clap
3&4& LF diagonal forward, RF touch beside LF, RF diagonal forward, LF touch beside RF
5-6 LF side point while pushing hip, 1/4 turn R with LF side point while pushing hip
7&8 LF cross over RF, RF back, LF side(3:00)

SEC 2: FORWARD, HITCH, 1/4 R SWIVEL, SCISSORS STEP, SIDE, 1/4 L CROSS, BACK, BESIDE, SIDE POINT, BESIDE, SIDE POINT, BESIDE

1&2 RF forward, LF hitch, 1/4 turn R with RF swivel
3&4 LF side, RF beside LF, LF cross over RF
5&6& RF side, 1/4 turn L with LF cross over RF, RF back, LF beside RF
7&8& RF side point, RF beside LF, LF side point, LF beside RF(3:00) *restart here

SEC 3: FORWARD, BALL STEP, FORWARD, HOLD, BALL STEP, FORWARD, FORWARD ROCK, RECOVER, SIDE ROCK, RECOVER, SAILOR STEP

1&2 RF forward while pushing the hip from the back to the front(At this time, the knee is bent), LF slightly forward with ball step, RF slightly forward
3&4 hold (pushing the hip from the back to the front. At this time, the knee is bent), LF slightly forward with ball step, RF slightly forward
5&6& LF forward rock, RF recover, LF side rock, RF recover
7&8 LF cross behind RF, RF slightly side, LF side(start pushing your hips back to the left)(3:00)

SEC 4: (HIP ROLL, TOUCH) X2, IN PLACE, SIDE HEEL TOUCH, IN PLACE, SIDE HEEL TOUCH, IN PLACE, 1/4 L WITH FORWARD, 1/4 L WITH SCUFF, HITCH

1-2 Turn your hips from the left back to the right.(weight RF), LF diagonal forward toe touch while pushing hip
3-4 Turn your hips from the right back to the left(weight LF), RF diagonal forward toe touch while pushing hip

Easy Option(1-4counts): RF side, LF diagonal forward touch, LF side, RF diagonal forward touch

5&6& RF in place, LF side heel touch, LF in place, RF side heel touch
7&8& RF in place, 1/4 turn L with LF forward, 1/4 turn L with RF scuff, RF hitch(9:00)

RESTARTS:-

On the 3rd, 6th wall, you should dance until 16 counts and start again.

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<http://www.youtube.com/user/thetrianglelinedance> <https://www.facebook.com/sktelkmh>