

Havana

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Lisa Bodnar (USA) - October 2017
音乐: Havana (feat. Young Thug) - Camila Cabello



***No Tags/No Restarts**

***Dance starts after 16 count intro - on the start of the lyrics.**

[1-8]: TOUCH TOE OUT, HITCH, SIDE SHUFFLE RIGHT, CROSS BEHIND UNWIND, CROSS OVER SHUFFLE

- 1-2 Touch R toe out to right side (1); hitch R leg on (2)
- 3&4 Side shuffle right (step right out to right, slide left to meet right, step right out to right again)
- 5-6 (Weight is still on right) Cross left behind right and ½ turn unwind on (5)
- 6 Cross R over in front of left
- 7 Hold
- &8 Partial shuffle moving to the left by slightly moving L up to R and stepping back down on R (weight will stay on R)

[9-16]: STEP FORWARD, BEHIND, COASTERS STEPS, HOLD, HEEL SWIVEL

- 9-10 Step L foot forward in line with the R foot (9); step L foot back – in line with the R (10)
- 11&12 R coaster step
- 13&14 L forward coaster step, left comes back to home position
- 15 hold
- &16 Heel swivel to the right (on &) and back to home position (16)

[17-24]: SWAY, SWAY, ¼ TURN CROSS OVER SHUFFLE, TOE TOUCH, SWING AROUND INTO ½ TURN

- 17 Step L foot to left and sway hip out to left
- 18 Sway hips to the R and make a ¼ turn (your legs will now be positioned so that L is inline in front of R; weight on R)
- 19&20 Cross L over in front of R for a cross-side-shuffle (cross L over, slide R slightly towards L and then step/slide L again; weight ends on L)
- 21 Bring R toe forward and touch in front on (21); (give it a little emphasis as you touch that toe forward)
- 22 Touch R toe forward again
- 23&24 Swing/slide it around to the R side as you make ½ turn R and bring both feet to home position – weight will be on R.

[25-32]: KNEE POPS – SINGLE, SINGLE, DOUBLE TIME, OUT AND CROSS R, OUT AND CROSS L

- 25 Step L foot back at a slight diagonal and bring R to meet it while you straighten the L leg and the R knee bends (“pops”).
- 26 Repeat with R – Step R foot back at a slight diagonal and bring L to meet it while the R leg straightens and the L knee bends (“pops”).
- 27&28 Double time the knee pop – Pop the R (left goes back, right bends) (27), then the L (right goes back, left bends) (&), then the L again (29). Weight will end on the L leg. *Note this move is done right in place - it does not travel like the single knee pops do.
- 29&30 Step R out to R side (step back onto left) as you cross/step the R in front of the L
- 31&32 Repeat L : Step L out to L side (step back on to R) as you cross/step the L in front of the R.

REPEAT

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