

State of Shock

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: John Dembiec (USA) - September 2017
音乐: State of Shock - The Jacksons & Mick Jagger



#48 count intro, Start on vocals

**Restarts: –

#1st Restart is on wall 3, after 16 counts, facing 12 o'clock

#2nd Restart is on wall 7, after 16 counts, facing 9 o'clock

[1-8] WALK FORWARD, KNEE POP, WALK FORWARD, SIDE ROCK CROSS

1-2 Walk forward R, L
3&4 Step R next to L, Pop both knees forward and back (weight to L)
5-6 Walk forward R, L
7&8 Rock R to R, Replace to L, Cross R over L

[9-16] SIDE, TOUCH, KICK & CROSS, ¼ TURN, STEP, ¼ TURN HEEL BOUNCES

1-2 Step L to L, Touch R next to L (shape to R diagonal)
3&4 Kick R forward, Step R next to L, Cross L over R
5-6 Making ¼ turn L step R back, Step L next to R
7-8 Making ¼ L bounce both heels (weight to L)

[17-24] FUNKY WALKS, FUNKY TRIPLE, MAMBO STEP, ½ TURN 1/8 TURN

1-2 Moving to the R diagonal (7:30) Walk forward R, L while rolling knees out
3&4 Triple forward R, L, R while rolling knees out

(Funky steps can be replaced with normal steps)

5&6 Rock L forward, Replace to R, Step L back
7-8 Making ½ turn R step R forward (1:30), Making 1/8 turn R step L forward (3 o'clock)

[25-32] WALKS, ¼ CROSS SIDE ROCK, CROSS, SIDE, TOUCH, ¾ UNWIND

1-2 Walk forward R, L
3&4 Making ¼ turn R cross R over L, Side rock L to L, Replace to R
5-6 Cross L over R, Step R to R
7-8 Touch L toe behind R, Unwind ¾ turn to L (weight to L)

REPEAT AND HAVE FUN !!!!!

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