

What's Up

拍数: 64 墙数: 2 级数: High Beginner
编舞者: Tina Chen Sue-Huei (TW) - October 2017
音乐: What's Up by 4 Non Blondes (Remix)



Start Dance On Singing "Hey" approx 13 Seconds - No Tag, No Restart

S1. Lindy R, Lindy L

1&2 Chasse R On RLR
3-4 Rock Step Behind R On L, Recover On R
5&6 Chasse L On LRL
7-8 Rock Step Behind L On R, Recover On L

S2.Fwd, Pivot 1/2 L & Flick, Fwd Shuffle, Fwd, Pivot 1/2 R & Flick, Fwd Shuffle

1-2 Fwd Step On R, Pivot 1/2 Turn L (wt. onto L) & Flick R Behind (6.00)
3&4 Fwd Shuffle On RLR
5-6 Fwd Step On L, Pivot 1/2 Turn R (wt. onto R) & Flick L Behind ...(12.00)
7&8 Fwd Shuffle On LRL

S3.Vine R, Touch, Rolling Vine L,Touch

1-4 Side Step On R, Behind R Step On L, Side Step On R, Side Touch Out On L Toe
5-8 1/4 L Fwd Step On L, 1/2 L Turn Back Step On R, 1/4 L Turn Side Step On L, Side Touch Out On R Toe ...(12.00)

S4.Heel Switches, Monterey 1/4 R Turn

1-4 Fwd Touch On R Heel, Tog Step R, Fwd Touch On L Heel, Tog Step L
5-8 Side Point Out R Toe, Making 1/4 R Tog Step R, Side Point Out L Toe, Tog Step L(3.00)

S5.Side Rock, Cross Shuffle(2X)

1-2 Side Rock On R, Recover On L
3&4 Cross Shuffle On RLR
5-6 Side Rock On L, Recover On R
7&8 Cross Shuffle On LRL

S6.Fwd Rock, Coaster Step, Fwd Rock, Shuttle 1/2 L

1-2 Fwd Rock On R, Recover On L
3&4 Back Step On R, Tog Step L, Fwd Step On R
5-6 Fwd Rock On L, Recover On R
7&8 1 1/4 L Turn Side Step On L, Tog Step R, 1/4 L Turn Fwd Step On L...(9.00)

S7.Touch, Touch, Tog, Jump & Clap ----(2X)

1-4 Touch R Toe Fwd, Touch R Toe To R Side, Tog Step R, Jump On Both Feet & Clap
5-8 Touch L Toe Fwd, Touch L Toe To L, Tog Step L, Jump On Both Feet & Clap

S8.Side Rock, Cross Shuffle, 1/4 R, 1/2 R, Fwd Shuffle

1-2 Side Rock On R, Recover On L
3&4 Cross Shuffle On RLR
5-6 Making a 1/4 R Turn Back Step On L, 1/2 R Turn Fwd Step On R
7&8 Fwd Shuffle On LRL (6:00)

Happy Dancing!

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