

Be OK

拍数: 24 墙数: 4 级数: Beginner
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音乐: Everything Will Be Okay - Home Free : (CD: Crazy life)



Intro: 16 counts after first vocals

SIDE STEP & TOUCH, SYNCOPATED VINE, FORWARD ROCK STEP, COASTER STEP

1 LF step to left side
2 RF tap next to LF
3 RF step to right side
& LF cross behind RF
4 RF step to right side
5 LF step forward
6 RF weight back on RF
7 LF step back
& RF step next to LF
8 LF step forward - 12

SIDE STEP & TOUCH, SYNCOPATED VINE, FORWARD ROCK STEP, COASTER STEP

1 RF step right side
2 LF tap next to RF
3 LF step to left side
& RF cross behind LF
4 LF step to left side
5 RF step forward
6 LF weight back on LF
7 RF step back
& LF step next to RF
8 RF step forward - 12

½ PIVOT TURN, FORWARD MAMBO STEP, ROCK STEP BACK, ¼ PIVOT TURN STEP

1 LF step forward
2 LF+RF make 1/2 turn right ending with weight on RF
3 LF small step forward
& RF weight back on RF
4 LF step next to RF
5 RF step back
6 LF weight back on LF
7 RF step forward
& RF+LF make 1/4 turn left ending with weight on LF
8 RF step forward - 3

START AGAIN

Have fun!

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