

Be OK

拍数: 24 墙数: 4 级数: Beginner
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音乐: Everything Will Be Okay - Home Free : (CD: Crazy life)



Intro: 16 counts after first vocals

SIDE STEP & TOUCH, SYNCOPATED VINE, FORWARD ROCK STEP, COASTER STEP

- 1 LF step to left side
- 2 RF tap next to LF
- 3 RF step to right side
- & LF cross behind RF
- 4 RF step to right side
- 5 LF step forward
- 6 RF weight back on RF
- 7 LF step back
- & RF step next to LF
- 8 LF step forward - 12

SIDE STEP & TOUCH, SYNCOPATED VINE, FORWARD ROCK STEP, COASTER STEP

- 1 RF step right side
- 2 LF tap next to RF
- 3 LF step to left side
- & RF cross behind LF
- 4 LF step to left side
- 5 RF step forward
- 6 LF weight back on LF
- 7 RF step back
- & LF step next to RF
- 8 RF step forward - 12

½ PIVOT TURN, FORWARD MAMBO STEP, ROCK STEP BACK, ¼ PIVOT TURN STEP

- 1 LF step forward
- 2 LF+RF make 1/2 turn right ending with weight on RF
- 3 LF small step forward
- & RF weight back on RF
- 4 LF step next to RF
- 5 RF step back
- 6 LF weight back on LF
- 7 RF step forward
- & RF+LF make 1/4 turn left ending with weight on LF
- 8 RF step forward - 3

START AGAIN

Have fun!

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