

If You Ever

COPPER KNOB
BYEFOREBYES.COM

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Joey Warren (USA) & Heidi Oswald (USA) - October 2017
音乐: Mercy - Brett Young



SIDE, BACK ROCK RECOVER, ¼ BACK, SHUFFLE ½ TURN, FORWARD ROCK RECOVER, BACK, ½ TURN

1 2 & 3 Step L to left side (1), rock R behind L (2), recover weight to L (&), ¼ turn left stepping R back (3) [9:00]
4 & 5 ½ turn left stepping L forward (4), step R next to L (&), step L forward (5) [3:00]
6 7 Rock R forward (6), recover weight to L (7) [3:00]
8 & Step R back (8), ½ turn left stepping L forward (&) [9:00]

STEP, FULL TURN, FORWARD ROCK RECOVER, SWEEP L, BEHIND, SIDE, SWEEP R, BEHIND, SIDE

1 2 & 3 Step R forward (1), ½ turn right stepping L next to R (2), ½ turn right stepping R forward (&), Step L forward (3) [9:00]
4 & 5 Rock R forward (4), recover weight to L (&), step R back sweeping L around from front to back (5) [9:00]
6 & 7 Step L behind R (6), step R to right side (&), step L back sweeping R around from front to back (7) [9:00]
8 & Step R behind L (8), step L to left side (&) [9:00]

CROSS, ¾ TURN, STEP, FORWARD ROCK RECOVER, BACK, FULL TURN SHUFFLE WITH A SWEEP, CROSS ROCK

1 2 & 3 Cross R over L (1), ¼ turn right stepping L back (2), ½ turn right stepping R forward (&), step L forward (3) [6:00]
4 & 5 Rock R forward (4), recover weight to L (&), step R back (5) [6:00]
6 & 7 8 ½ turn left stepping L forward (6), Step R next to L (&), ½ left stepping L forward while sweeping R toe from back to front (7), 1/8 turn left rocking R over L (8) [4:30]

***Counts 6-8 should gradually make a full turn + 1/8 counter-clockwise, to the 4:30 wall.**

RECOVER, SWEEP, ROCK BACK RECOVER, ½ TURN PIVOT, WALK, 5/8 TURN, CROSS ROCK RECOVER, SIDE

1 2 3 Recover weight to L sweeping R around from front to back (1), ¼ turn right stepping R back to face 7:30 (2), Recover weight to L (3) [7:30]
4 & 5 Step R forward (4), ½ turn left stepping L next to R (&), Step R forward (5) [1:30]
6 7 8 & 3/8 turn right stepping L back (6), ¼ turn right stepping R to right side (7), Rock L across R (8), Recover weight to R (&) [9:00]

PHRASING: 20 (Restart A), 24 (Restart B), 32, 24 (Restart B), 32, 16 (Restart C), 16 (Restart C), 32, 32

Restart A: Only happens on the very first time through the dance.

Do the first 19 counts of the dance; this will put you at the end of the ¾ turn, weight on your L. Count 20 will be a step forward R instead of a rock forward. Restart with the basic to the left.

Restart B: Do the first 24 counts of the dance. The R cross rock on count 24 will be a R cross step to prepare for beginning the dance again with a basic to the left.

Restart C: Do the first 16 counts of the dance, leaving off the last "&" count after stepping R behind L. Restart with the basic to the left.

Contacts - Joey: tennesseefan85@yahoo.com - Heidi: heidi.hollan@me.com