

Mi Rumbera

拍数: 32 墙数: 4 级数: Improver
编舞者: Angels Guix (ES) & Enric Nonell (ES) - October 2017
音乐: Mi Rumbera - Lérica : (Album: Mi Rumbera - Single - 3:30)



Note: The song has 13 seconds introduction, a 4 counts short intro acappella plus 16 counts intro with some drum and classical guitar notes.

Start the dance after this introduction on the stronger bass guitar beat.

Note: There is a 4 counts Tag after 2nd and 6th repetition.

Just add "½ pivot turn left x2" to fill each 4 counts Bridge of the music. It coincide with the lyric "Ay, ay ,ay Rumbera..."

[1-8] Step, step, Shuffle, step, step, shuffle

1,2 Step RF forward, step LF forward
3&4 Step RF forward, step LF together, step RF forward
5,6 Step LF forward, step RF forward
7&8 Step LF forward, step RF together, step LF forward

[9-16] ½ pivot turn left, left full turn, rock forward, coaster step, tap, tap, step forward

1,2 Step RF forward, ½ turn left and step LF forward
3 ½ turn left and step RF backward
4 ½ turn left and rock LF forward
5&6 Step RF backward, step LF together, step RF forward
7&8 Tap on ball of LF in place, tap on ball of LF a little further, step on LF forward

[17-24] Hip sway right-left-right, ¼ turn left & shuffle forward, ½ turn sailor step, step left

1,2,3 Step RF to right and sway right hip to right, sway left hip to left, sway right hip to right
4&5 ¼ turn left and step LF forward, step RF together, step LF forward
6&7 Step RF behind LF, ¼ turn right and step LF to left, ¼ turn right and step RF forward
8 Step LF to left

[25-32] Rock step right, cross shuffle, rock step left, weave

1,2 Rock RF to right, recover on LF
3&4 Cross RF over LF, step LF to left, cross RF over LF
5,6 Rock LF to left, recover on RF
7&8 Step LF behind RF, step RF to right, cross LF over RF

Start again

TAG: 4 counts Tag at the end of 2nd and 6th repetition

[1-4] ½ pivot turn left x2

1,2 Step RF forward, ½ turn and step LF forward
3,4 Step RF forward, ½ turn and step LF forward

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