

Soul Train

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Annette Skaff (CAN) - October 2017
音乐: Soul Train - Johnny Reid



Intro: 32 Counts

RIGHT KNEE ROLL, DIAGONAL SHUFFLE LEFT, RIGHT KNEE ROLL, DIAGONAL SHUFFLE LEFT

1,2 Touch right toe beside left and roll right knee clockwise putting weight on right
3&4 Shuffle left, right, left, to left diagonal
5,6 Touch right toe beside left and roll right knee clockwise putting weight on right
7&8 Shuffle left, right, left, to left diagonal

(Restart here during wall 9 on the front wall)

LINDY RIGHT, VINE LEFT WITH ¼ TURN LEFT AND BRUSH

1&2 Side shuffle right, left, right
3,4 Rock back left, recover right
5-8 Step side left, cross right behind, turn ¼ stepping forward left, brush right foot

(Harder alternative for counts 5-8: Make 1 ¼ turn left)

RIGHT JAZZ BOX STEPPING FORWARD, TWO HEEL BOUNCES MAKING ½ TURN RIGHT, RIGHT COASTER BACK

1-4 Cross right over left, step back left, step side right, step forward left
5,6 Turn ¼ right lifting both heels, turn ¼ right lifting both heels (weight ends on left)
7&8 Step back right, step together on left, step forward right

LEFT STRUT, RIGHT TOUCH BALL STEP, RIGHT TRAIN

1,2 Touch left toe forward, step on left
3&4 Touch right toe beside left, step together on right, step forward on left
5-8 Rock forward right, recover left, rock back right recover left

Restart: On wall 9 (front wall) restart after dancing the first 8 counts

Ending: Last sequence (14th) starts at the front wall. Dance up to count 16 touching right toe beside left not making ¼ turn left.

Contact: Submitted by Barbara Wallace - barbararkwallace@gmail.com