As I Walk



编舞者: Helaine Norman (USA) - October 2017

音乐: What Becomes of the Brokenhearted - Paul Young

或: What Becomes of the Broken Hearted - Boyzone : (Album: Dublin to Detroit)

或: What Becomes of the Broken Hearted - Rod Stewart: (Album: Soulbook)

No Tags Or Restarts!

Music 1 - Intro: On vocal

Music 2&3 - Intro: 32 counts after Ooh, ooh lyrics begin

I. Touch Touch, Step Hold; Syncopated Step Cross, Step, Syncopated Kick Ball Cross

1-2 Touch R forward, touch R side

3-4 Step R behind L (beside the heel), hold

&5-6 Step L side (slightly), step R over L, step L side 7&8 Kick R side, step on R ball, step L over R (12:00)

II. 1/4 Turn, 1/4 Turn, Step, Hold; Syncopated Reverse Weave, 1/4 Turn Walk Walk

1-2 Step R side making 1/4 turn right (3:00), step L side making 1/4 turn right (6:00)

3-4 Step R side (with hip sway), hold

5&6 Step L behind, step R side, step L over R

7-8 Step (walk) R forward making 1/4 turn right (9:00), step (walk) L forward

III. Rock Recover, Syncopated 1/2 Turn Shuffles x2, Rock Recover

1-2 Rock R forward, recover on L

3&4 Shuffle R-L-R making 1/2 turn right (3:00) 5&6 Shuffle L-R-L making 1/2 turn right (9:00)

7-8 Rock R back, recover on L

IV. 1/4 Pivot Turn, Syncopated Kick Ball Change; 1/4 Turn Jazz Box

1-2 Step R forward making 1/4 turn left weight to L (6:00)

3&4 Kick R forward, Ball R, step L together

5-6 Cross R over L, step L back

7-8 Step R making 1/4 turn right (9:00), step L together

Begin again.

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Last Update - 23rd Oct. 2017