

# Power In The Blood

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Stefano Civa (IT) - October 2017  
音乐: There Is Power in the Blood - Buddy Jewell



Start dancing on lyrics

## PIGEON, HEEL ROCK FORWARD, ROCK STEP BACK

1-4            Pigeon left  
5-8            Heel right forward, recover to left, step right back, recover to left

## TURN ½ LEFT, HEEL ROCK STEP, HEEL VINE RIGHT HOOK

1-2            Step right forward, turn ½ left  
3-4            Heel right forward, recover to left  
5-8            Heel right side, cross left behind, step right side, hook left forward

## VINE LEFT STOMP UP, MONTEREY ½ TURN

1-4            Step left side, cross right behind, step left side, stomp up right  
5-6            Right point to right side, turn ½ right and step right together  
7-8            Left point to left side, step left together (weight on left)

## ROCK BACK, STOMP UP TWICE, GRAPEVINE ¼ TURN RIGHT

1-2            Rock back jumping right, recover to left  
3-4            Stomp right twice  
5-8            Step right side, cross right behind, step right ¼ right, step left together

REPEAT

RESTART: on 5th wall after 8 counts (at 12:00)

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